



**How to Protect Yourself from Covid,  
Detoxing from Vaccines and  
Eliminate this Pandemic  
at its Root**

**A brief guide to accompany us in the midst of a myriad of  
disinformation, confusion and fear, by removing our conflicts  
and uniting our forces.**

This guide aims to unite people, instead of turning them against each other, which is happening not only with the appearance of covid-19 (vaccinated against the unvaccinated), but always in many other areas such as in politics (right-wing versus left-wing), in racism, in religion, in sexual identity, in food choice, in wealth management, ecc. Division, division and more division.

Is a family stronger and more resilient when it is united in love and respect, or when it is separated due to communication and behavior problems?  
And what is the solution to every conflict?

**Understanding what the real underlying problem is.**

If we have not acknowledged the truth, getting at the core of the conflict with honesty, but only with personal interpretations, or worse, with manipulation of the facts, the solution will be the consequence of lack of transparency and will never give lasting results, and the separation will continue.

The separation weakens. If we stop talking or if we are in conflict with our children, brothers / sisters or parents we feel more isolated or hurt, and therefore weaker. If we change country and move, losing our ties, our friends, we are weaker until we create new important ties in the area. The network gives us strength.

How many times in our life has it happened that when we had a problem, thanks to a friend, or a friend of a friend, we were able to solve it in time?

It is the power of the network, of the union.

The vaccinated and the unvaccinated want the same thing: they both want to feel safe and free, even if the perception of safety and freedom is different, but delving into these differences means falling into the trap of separation, so let's avoid it at least here, just to allow this short guide to realize its purpose, even if it were only as an attempt or as an experiment.

So if the vaccinated and the unvaccinated have this conflict on the way to achieving safety and freedom, we said that understanding what the real underlying problem is where we will find the solution to unite, to be stronger (we'll see later for what purpose). Only the truth makes us free, not lies, nor half-truths, nor personal interpretations.

And how does one get to the truth in this case and what would be the topic to be questioned?

Since the conflict arises from getting vaccinated and not vaccinated, the only way that removes any doubt is to see what's really inside the vaccines - what is the truth, and it must be a proven scientific truth, with official and legal documents provided.

No interpretations of reporters through the media.

No information from politicians.

No messages broadcasted on the main TV channels.

Don't even listen to the government.

We avoid all sources where there may be potential conflicts of interest.

And for our purpose, for a limited time only, don't believe even our family, friends, or anyone - or even the one who wrote this guide. I don't care to be right - I want that same security and freedom, and only through truth can the perception of security and freedom

become identical in all of us.

And if by chance we are wondering why on earth we should check the contents of vaccines if in the past, when we were children or adolescents, we vaccinated ourselves to be immune to various diseases and we were protected, and none of those diseases have become pandemic, it means that vaccines worked, so why do they not immunize for covid and we have to do one every 6 months just to reduce the symptoms if we become infected again, and at the same time the pandemic continues and the percentage of infected is much higher in vaccinated than in unvaccinated?

Why do they push covid vaccines with the excuse that the virus changes constantly and don't push the flu vaccine so aggressively?

If we pause for a moment to reflect with honesty, intelligence and objectivity, we should admit that something is wrong, and since health is the most precious asset that exists, it is our responsibility to verify facts.

*"Initiates do not like very much those who always say" Yes, yes ", because they are like dust that flies and passes. I also do not like those who say yes and do nothing. But I appreciate those who say instead: "I think a little differently, but I want to verify what you say and I will draw my own conclusions". I know I can count on such a person because when he verifies, he will have an impact with the truth and he won't be able to resist it. Don't think that those who seem so enthusiastic about me cheer me up. I prefer those who are a little wary, but who verify. As for the suspicious who do not want to verify, they are detestable! "*

*Omraam Mikhaël Aïvanhov*

So let's try to let go of what we believe about vaccines, especially what they've told us what's inside and how they work, for a brief moment, just long enough to read the contents here, and do our personal verifications.

This guide is certainly not exhaustive on the subject (it would be too material to dissect), but it should give us the opportunity to grasp the truth, or at least a truth other than the official one. I admit that what I will share is like the red pill from the movie The Matrix, maybe it will be hard to swallow, but it has the advantage of offering us the possibility to decide about our future and that of our children based on real data and information, without personal purposes. or multimillion-dollar profits.

The information contained herein is based on scientific research done by doctors and naturopaths (with medical license) and on the patents issued for the companies involved in this world covid event, and I will do my best not to include personal interpretations, although something will necessarily be included in the solutions section (part 3), that is on how to act together to protect and achieve our maximum well-being in the short, medium and long term.

And if we still have doubts about the need to check the contents of vaccines, let's ask ourselves if it makes sense to criticize a vaccinated or an unvaccinated person if we have not sufficiently studied the contents of the vaccines and their effects. No discussion makes sense if both sides have not investigated and verified the topic.

For example, one cannot discuss the benefits and toxicity of a medicinal herb if both parties have not studied it, because if one has only studied the benefits and not the toxicity and side effects, one does not have the information to have an objective opinion, and therefore the discussion can never reach a point of understanding where both parties agree with each other, because ignorance blocks it.

In other words, as long as we do not delve into the contents of the vaccines as much as possible, we have no right to judge, or to criticize. Verification is a must to have an equal dialogue between the parties. If we are not willing to do this, there is no point in reading this guide.

The purpose here is to eliminate ignorance with science and with official public documentation (follow the patents and you will know the truth), and this will allow us to reduce the conflict between us, vaccinated and not, and to choose a future where we are all happy, feel loved, safe and united as human beings, because in the end this is what all of us basically want.

## How to Read this Guide

To avoid writing a book, I preferred only to summarize the essential information and insert links to articles and videos for further information. Sometimes links are in another language, so they are translated by [this online translator](#).

The insights are important to verify the information here described.

**NOTE:** the pages translated online are not displayed on mobile phones, so use a pc or laptop. Wait a few seconds and the translation will appear.

The first part is dedicated to the contents of vaccines and their purpose, while the second is dedicated to solutions about how to protect our health and to detoxify harmful substances of vaccines, and the third proposes strategies to get out of this pandemic all together.

Enjoy reading!

## PART N°1

### Concerning Data Ignored by Media

Before going into vaccines, I would like to share some data that simply cannot be ignored.

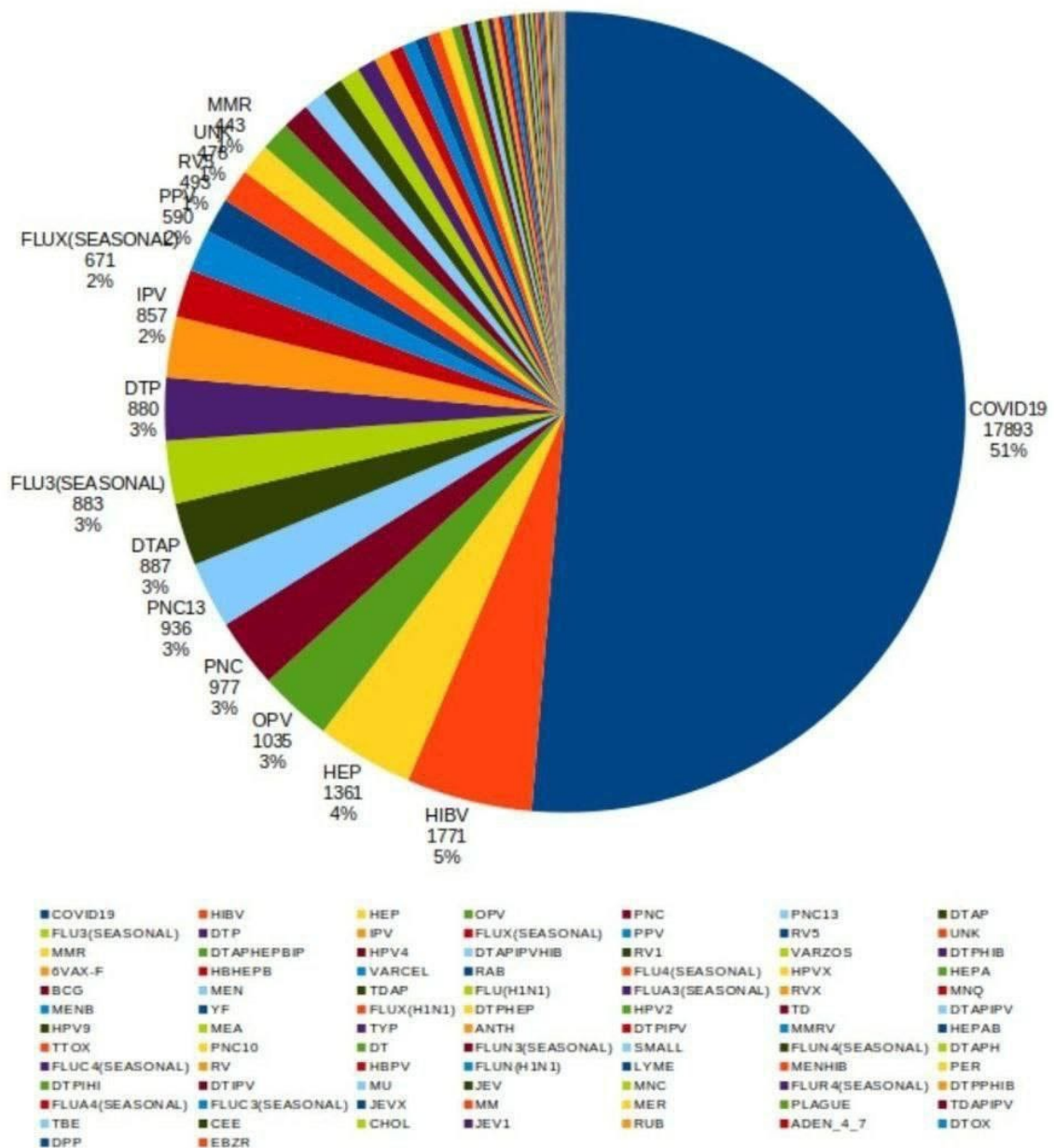
#### Official data reported to the USA VAERS Pharmacovigilance System on the effects of vaccines

In the image below we can see in blue the deaths from covid19 experimental vaccines for just one year, 2021.

In color all the deaths reported by all existing vaccines, adding them all from 1988 to 2021.

In a year, there are more deaths reported from covid vaccines than the sum of ALL vaccines in history reported, with adverse effects and as we will see below, the 2021 numbers are far below reality.

VAERS Reported Deaths by Vaccine Type (1988-2021)



**NOTE:** according to Dr. Peter McCoullough Vaers data are not real because not all events are communicated to doctors, nurses or by the patients themselves. The doctor suggests multiplying the numbers by at least 4-5x. For further information [see this article](#).

**Millions of cases with side effects**

Another database to follow for checking the number of vaccine side effects, and other interesting data, is [VigiAccess](#). Open the page and at the bottom give consent, and on the next page enter "covid-19 vaccine" in the box. The number of cases (millions) is the sum of all covid vaccines.

## 86% side effects in children between 12 and 15 years

Clinical studies conducted by Pfizer in children between the ages of 12 and 15 reveal that 86% of children given at least one dose of the serum experienced an adverse reaction ranging from mild to severe.

The fact sheet shows that 1,127 children were given one dose of the mRNA vaccine, but only 1,097 children received the second dose. This fact in itself raises questions as to why 30 children did not receive a second dose of the Pfizer vaccine and it is questionable whether the answer is nice.

For more info and to see the FDA fact sheet [read this article](#).

## 111 deaths of airplane pilots in 2021

A list of more than 100 airplane pilot deaths in the first 9 months of 2021 published in the Air Line Pilot Association journal shows that most of the deaths occurred after the vaccines were launched. It might seem like a normal number, but not when you take into account the figures for 2019 (only one death) and 2020 (6 deaths). For further information [read here](#).

## Over 250 athletes died after the vaccine

It's certainly not normal for young athletes to suffer from cardiac arrest or die while practicing their sport, but it's happening this year. All of these heart problems and deaths come shortly after receiving a covid vaccine. While it is possible that this could happen to people who have not received a covid vaccine, the numbers clearly indicate the only obvious cause: more than 400 cases of cardiac arrest and over 250 deaths in a short time - all published with name, surname, nation and sport practiced.

For further information [read here](#).

*(This page is updated every month, so it is likely that when we open it the numbers will be higher).*

## A flood of deaths after vaccination

A list compiled by Dr. Robert Young with pictures, articles and data of famous and non, dead people after vaccination, see the [article here](#).

I could surely add a lot of articles related to deaths after vaccine, but I invite you to search for yourself on the internet by entering for example "died from vaccine". And be careful, to avoid too many manipulations of the google algorithm, sometimes we will have to be a little creative with keywords such as, for example, use "dead for vaxxine", and so we will have a little more neutral, and less censored or manipulated results.

## But Does the Virus Really Exist?

A question that at first glance seems unlikely, even absurd, especially for those who have contracted covid and have experienced it badly, or very badly. Personally I respect the experience of these people who have gone through it, because they were real episodes, and in some cases devastating, and they do leave their mark, but nevertheless I ask you to keep an open mind, because if we close it now, we will not be able to connect all the other points in this guide, missing the opportunity to get to that meeting point where we all desire the same thing (freedom, security and love), and however we can always discard this hypothesis later.

What I want to propose is that perhaps we did not suffer from the covid virus, but from something else, and that they made us believe it was a coronavirus.

A high-profile Bulgarian pathologist named Stojan Alexov sits on the board of the European Society of Pathology and says he and his colleagues across the European continent and around the world found no evidence during the conduct of autopsies. death from SARS-CoV-2. [Here you can read](#) the content of his webinar where he reveals his findings.

In particular:

*1) Pathologists conducting autopsies found no specific antibodies to SARS-CoV-2. Logically, therefore, it was not possible to confirm that the virus was ever present in the bodies of the deceased.*

*2) Autopsies have also consistently failed to provide any real evidence that the "virus" is deadly, so the not unreasonable conclusion is that no one actually died from the virus.*

*3) There is no verifiable scientific evidence that SARS-CoV-2 RNA sequences are the causative agent of various diseases and deaths that occur, and there has also been a consistent lack of clear evidence that the so-called "pandemic "of CoV - 19 actually exists.*

*For further information [read this article](#) and above all this on the "[Phantom Virus](#)" and the article on how the virus theory was built [without any scientific basis](#).*

Probably the most shocking study of a virus linked to a pandemic with that of covid was conducted in 1919, at the height of the Spanish flu pandemic, by the United States Navy and the United States Public Health Service at the Port of Boston, the Gallops Island Quarantine Facility (1).

Participants in this study were 100 healthy U.S. Navy personnel aged 18 to 25, with no history of Spanish flu infection. In the first experiment, all 100 participants were exposed to a pure culture of the virus via aerosol of particles in the nostrils. None of the participants got sick. In the second experiment, a large mixture of lung fluid taken from 13 sick individuals was atomized and sprayed into the nose, eyes and throat of 19 healthy individuals. Again, none of the participants got sick.



In the third experiment, mucus from the sinuses, mouth and throat of the sick participants was mixed and sprayed into the nose, throat and eyes of ten healthy individuals, none of whom became sick. By this time, realizing that their attempts to prove viral transmission were failing, the doctors overseeing the study had grown more desperate with their methodology. In the next six experiments, healthy participants ingested mucous secretions from sick individuals, injected the sick participants' blood into their own veins, as well as mucous membranes of the nose, throat, and lungs. Again, no healthy participant got sick (1).

In the final experiment, 10 healthy volunteers were taken to infectious disease wards where 30 sick febrile patients were hospitalized. The healthy volunteers shook hands with all the sick individuals and talked for 5 minutes with each of them, as close physically as possible. Healthy participants then put their mouths over the mouth of the sick individual and inhale as the sick individual exhales, with all the force they can muster. This was repeated 5 times. The same process was repeated again, except this time they coughed directly into each other's mouth as hard as they could.

Healthy participants were closely monitored by a medical team in a military-grade quarantine facility for one week. To the dismay of the doctors, not a single participant became ill. In the following months two more experiments were conducted, with similar methodology, on over 50 healthy participants, but again not a single person ever fell ill (1).

How is it possible that a disease as virulent, highly contagious and lethal as the Spanish flu, which supposedly killed 20 to 50 million people, did not infect any of the more than 150 healthy participants involved in this study?

It is illogical to assume that all 150 men were immune or that the virus did not spread through any of the means used in this study. What it might suggest is that the pandemic was not caused by an infection. What were the other factors at play?

An example of an alternative factor that has contributed to the high mortality rates in sick patients is aspirin overdose. During the 1918 pandemic, patients were prescribed 8 to 31.2 grams per day. We now know that the recommended dose of aspirin is 4 grams per day and that overdose can cause bacterial pneumonia, pulmonary edema and death, all symptoms of the Spanish flu (2).

For further information [read this article](#).

If we try to superimpose the results from this study on our pandemic today, which substance has replaced aspirin? Could it be some ingredient inside the vaccines? If the virus does not spread as easily, as we saw in the study above, what are the conditions for this transmission, and what are we actually transmitting?

In the book "What Really Makes You Ill" written after 10 years of research and study, authors David Parker and Dawn Lester have shown that AIDS is not caused by the HIV virus, but by the life style, from the use of drugs and antibiotics (especially in the 80s). The author Peter H. Duesberg came to the same conclusions in his book "Inventing the AIDS Virus". They also show that AIDS is not transferable, as there are no peer-reviewed articles identifying any type of virus as the cause of AIDS - doesn't this sound like the one verified in the Spanish flu study?

In the book "The Contagion Myth, Why Viruses (Including" Coronavirus ") Are Not the Cause of Disease", Dr. Thomas S. Cowan and Sally Fallon share interesting research and conclude that:

1) The Spanish flu was not contagious. (MJ Rosenau, "Experiments to Determine Mode of Spread of Influenza," Journal of the American Medical Association 73, no. 5 (August 2, 1919): 311–313).

2) Scientists have found that viruses, like once maligned bacteria, play a beneficial role but old ideas, especially those that promise profits from drugs and vaccines, are preferable.

3) For more than thirty-five years, Dr. Thomas Cowan (author) claims to have read countless articles, books, journals and documents on the lack of connection between HIV and AIDS. Despite forty years of research, no one has isolated an HIV virus from a body fluid from a person with AIDS. Not once.

4) no one has experimentally demonstrated the transmissibility of the disease with pure cultures of bacteria or viruses.

5) A clear, direct concomitance between pesticides and polio for a period of thirty years, with pesticides preceding the incidence of poliomyelitis in the context of the central nervous system and related physiology. . . it leaves little room for complicated discussions of viruses, even as a cofactor.

6) With the results of genetic tests, all the theses on the existence of the measles virus have been scientifically disproved. (3)

7) Researchers have yet to prove that a virus causes any of the following conditions: Polio, HPV (human papilloma virus), HIV, AIDS, hepatitis C, SARS (Severe Acute Respiratory Syndrome), MERS (Middle Eastern Respiratory Syndrome), avian flu, swine flu, Ebola, and Zika.

8) The vast majority of medical problems can be understood by collecting patient information on four areas, and the vast majority of health problems can be helped or even resolved by "remedying" these four fundamental problems:

- the quality of the water their patients drink;
- the quality of the food they eat;
- the level and type of toxins, including mental and emotional toxins, at which they are exposed;
- the level and type of electromagnetic fields (EMF) to which they are subjected.

These four points coincide with research in the book "What Really Makes You Ill" which lists these four causes that create disease:

- exposure to toxins
- inadequate nutrition
- exposure to electromagnetic waves (EMF)
- excessive / prolonged stress

There are NO viruses as a cause - it is the biological conditions of the cells (the cell terrain) that allow or disallow bacteria or viruses to create disease.

With a background in biostatistics, Christine Massey, along with a colleague of hers in New Zealand and many others around the world, have used Freedom of Information (FOIA) requests as a research tool to uncover the truth. about SARS-CoV-2: does the virus exist or not?

Requests were sent to institutions in various countries in search of documents describing the isolation / purification of the alleged "COVID-19 virus" from any unadulterated sample taken from a patient.

The reason: without the crucial isolation / purification phase having been performed (by many patients, followed by characterization, sequencing and controlled experiments), there is no way to scientifically state that the alleged "new coronavirus" (blamed for death / widespread disease / lockdown measures) actually exists.

Without this step being performed and followed by characterization, sequencing and controlled experiments, all claims about this alleged "virus" are nothing more than wild speculations supported only by fraudulent science, fraudulent testing and fraud-based diagnoses.

As of December 23, 2021, as many as 150 institutions and offices in over 25 countries have responded so far, as have some authors of the "SARS-COV-2 isolation" study, and none have provided or cited any documents describing the actual isolation / purification. from "SARS-COV-2". All the answers of the collection are available [from this page](#).

The American Center of Disease Control (CDC) has been required to test for isolation and existence for all viruses, including CoV-2-19, MERS, Influenza, Polio, Measles, HIV, XMRV, HTLV-1, HTLV -III / LAV, HPV, Ebola, Zika, just to name a few of the so-called viruses, disclosed under the Freedom of Information Act (FOIA).

These written requests were made by Ms. Christine Massey to the Director General of the CDC / ATSDR FOIA, Mr. Robert Andoh, to locate and deliver ANY research and / or result evidence for ANY "viral" isolation and purification (from anyone, anywhere , at any time in the world) from a patient sample by maceration, filtration and / or the use of an ultracentrifuge or the so-called "Gold Standard" for the isolation and identification of a pathological micro or nano organism. The "Gold Standard" for the isolation and identification of microbes is referred to as in the Koch and Rivers Postulates which was established many years ago.

Simple Answers from the CDC - There is "NO logs of any kind" for any viruses.

The head of the CDC FOIA, Mr. Roger Andoh provided direct responses to each of the inquiries, acknowledging in writing that he has NO REGISTRATIONS OF ANY KIND, for the following so-called phantom "viruses", including CoV-2 -19, HIV, HPV, XMRV, HTMV-1, HTMV- 111 / LV, measles, flu, MERS, EBOLA, ZIKA or POLIO!  
For further information [read this article](#).

A group of British doctors and scientists in June 2020 challenged the Ministry of Health to provide evidence that there is a virus that causes covid-19 or to claim that it does not exist and immediately stop vaccination programs - no response to this day. Read the communication [sent here](#).

And how then do they define the variants of the virus such as the Delta or the Omicron?

Listen to [this audio](#) of this gentleman who calls several American laboratories, asking if he can take a test for the Delta variant and they all answer that there is no specific test for the variants, but only the general one for covid, and at that point he asks, how is possible that the Ministry of Health discloses data on the number of contagions of the variants, if they have never verified them with a test.... and nobody knows how to answer....

So what are the media telling us? If the variants of the virus have never been tested by any lab (check it out by calling some in your region), what is being disclosed? Always the same covid that changes constantly, but no one knows what it changes into because there is no scientific evidence, so why are the names of the variants invented?

What's behind it all?

Meanwhile, behind there is certainly a lie perpetrated on how germs and viruses work: we are taught that there are infectious microorganisms, such as viruses, that can enter our body and make us sick. This view of disease is called germ theory (Louis Pasteur). Although widely taught and accepted, there is no scientific evidence for it.

There is another point of view on disease, which sees bacteria and viruses as essential actors in symbiosis with our cells in our body. Diseases result from internal and external environmental toxicity and improper diet. This view is called the theory of the terrain (Antoine Bechamp).

Not many hear about this whole germ theory, because if it collapsed, it would change everything. The massive pharmaceutical industry would lose many billions of euros and no one would agree to the poisonous vaccines, which our governments are always trying to give us – they wouldn't even exist.

Viruses are non living organisms or living microbes. They do not have a respiratory system, nor a nucleus or a digestive system. Viruses are not alive and viruses are not contagious. The fear behind the coronavirus, for example, is completely unwarranted. We should forget everything we think we know about viruses and bacteria. They lied to us.

The science of virology is based on the study of viruses, however, there are no actual footage of viral activity, except for a short recently released (2018) video of an HIV virus showing only 20% of the virus theory process. These movies are only animations and 3D models.

Let's see below a transcribed part of [this video](#) by Dr. Thomas Cowan, one of the many doctors and nutritionists who support the theory of the soil:

“... viruses are simply the excretions of a toxic cell. Viruses are fragments of DNA or RNA, with few other proteins. They come out of the cell. They happen when the cell is poisoned.

I am not the cause of anything.

And the first way I would encourage you to think about it is: if you were a famous dolphin doctor, and you had been studying dolphins in the Arctic Circle for hundreds of years, or at least for a long time, and the dolphins were healthy - and then they call you: 'Fred, all the dolphins, or many of the dolphins, are dying in the arctic circle, can you come and investigate?' ...

Of course!

But you have a question to ask ... So, on a show of hands - how many of you would say 'I want to investigate a dolphin to see the genetic makeup of that dolphin?' - Nobody raises their hand, because it's stupid.

How many of you would say, 'I want to see if this dolphin and that dolphin have a virus, because it could be contagious and that's why all these dolphins are getting sick?' That guy ... (points to a boy)

How many of you would say - sorry for my Frenchism here - 'Someone put shit in the water here? Like the Exxon Valdez? ' Someone? All. Because that's what happened.

And your cells are poisoned, they try to purify themselves by expelling debris, which we call viruses.

If you go to the current virus theory called exosomes and the last head of the NIH (National Institute of Health in the USA) who gave a speech on the complexity of viruses, you will see that this is perfectly in line with current thinking about what is truly a virus.

I had a dramatic example of this when I was growing up, right outside our house there was a wetland - and it was full of frogs - and the frogs kept me awake at night, so I taped the windows, and in the spring they made a big noise. And then with time they were all gone. How many think frogs had a genetic disease? How many think frogs had a virus? How many think someone put DDT (dichlorodiphenyltrichloroethane, an insecticide) in water? This is what happened. Diseases are poisonings ”.

- Doctor Thomas Cowan

When a body has a high degree of toxicity, the bacteria that feed on that dead, toxic matter, and tissues, will be poisoned to death. When the body is at such a point of systemic toxicity, where bacterial levels and all living microbes in the body have been reduced or killed due to various sources of stress or intoxication, the body will ask for the help of viruses to help itself. purify yourself. When the body cannot use milder methods, such as a cold (usually bacterial), it will use the help of non-living protein solvents known as viruses.

Viruses then help to consume and eliminate substances in small particles which can then be excreted through the mucous membranes, through the skin or through the intestinal tract. **Cells produce viruses when their tissues are so toxic that phagocytes, parasites, bacteria and fungi cannot help cleanse, repair, and regenerate their tissues and fluids.**

[click here](#)

<https://jamanetwork.com/journals/jama/article-abstract/221687>

[https://www.jstor.org/stable/30082102?Seq=1#metadata\\_info\\_tab\\_contents](https://www.jstor.org/stable/30082102?Seq=1#metadata_info_tab_contents)

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2065253/>

## What is Hidden in Covid "Vaccines"

There are currently four major pharmaceutical companies producing a SARS-CoV-2 vaccine, now called SARS-CoV-19. These manufacturers and their vaccine are Pfizer BioNTech, Moderna-Lonza, Astrazeneca and Johnson & Johnson's Janssen Pharmaceutical Company, a recombinant, non-replicable type 26 adenovirus that expresses the SARS-CoV-2 spike protein.

The purpose of these vaccines is to provide immunity from the so-called new infectious coronavirus or SARS-CoV - 2 virus now called SARS-CoV-19. These four pharmaceutical companies have not provided full FDA disclosure on the vaccine box, sheet information on the insert or on the label of many of the major and / or minor ingredients contained in these so-called vaccines.

Why have some ingredients been omitted?

All these so-called "vaccines" are patented and therefore their actual content is also kept secret from the buyers (the state), who obviously use taxpayers money. Hence, consumers (payers) have no information about what they are getting into their bodies by vaccination. Humanity is kept in the dark regarding the technological processes of the nanoparticulate involved, the negative effects on the cells of the body, but above all the possible magnetic, cytotoxic and genotoxic effect of nano-biointeraction on blood and cells - as we will see below, it is not a vaccine, but an experimental gene therapy.

The purpose of this research is to identify those specific major and minor ingredients contained in the Pfizer vaccine, Moderna vaccine, Astrazeneca vaccine and Janssen vaccine using various anatomical, physiological and functional scientific tests for each SARS-COV-2-19 vaccine.

As a human right, governed by world law from the Nuremberg Code of 1947, information on the specific ingredients of the vaccine is essential, required and necessary to know so that any person from any country in the world can make an informed decision whether or not to consent. inoculation of SAR-CoV-2-19.

Scientific tests were conducted on each vaccine and identified several ingredients or adjuvants that were not disclosed and that are contained in these four SARS-CoV-2-19



vaccines. Currently, these vaccines are administered to millions of humans worldwide under an Emergency Use Authorization (EUA) issued by each country without full disclosure of all ingredients and in some cases imposed by governments or employers. in violation of individual human rights under the Nuremberg Code of 1947.

These four "vaccines" were analyzed using different instruments and preparation protocols according to the new technological approaches of nanoparticles.

The different instruments include optical microscopy, bright field microscopy, phase contrast microscopy, dark field microscopy, UV absorption and fluorescence spectroscopy, scanning electron microscopy, transmission electron microscopy, energy dispersion spectroscopy, X-ray diffractometer, nuclear magnetic resonance, tools used to verify the morphologies and the content of "vaccines". For high-tech measurements and investigation care, all controls were activated and reference measures adopted to obtain validated results.

To sum up, several nano heavy metals have been found in so-called vaccines (I don't dwell on them because they are quite easy to eliminate from the body via chelating substances), but the two most dangerous ingredients are graphene oxide, found in all four vaccines, and as many as three parasites found in Pfizer, Moderna, and Johnson & Johnson.

The first parasite, *Trypanosoma Cruzi* would appear incurable if not treated within 4 weeks of infection, after which the infection becomes chronic. It can shorten lifespan by several decades if left untreated, and is also transmitted through sexual intercourse. *Trypanosoma cruzi*, of which several variants are lethal to humans, and is one of the many causes of AIDS. (Atlas of Human Parasitology, 4th Edition, Lawrence Ash and Thomas Orihel, pages 174 to 178).

This parasite is endemic to Central and South America. The result of its invasion of the body is Chagas disease (named after the Brazilian bacteriologist Carlos Chagas, who discovered it), accompanied by inflammation of the heart muscle and brain membranes.

Chagas disease develops in two stages, which are the acute and chronic stages. The acute phase can last anywhere from two weeks to two months, but it can go unnoticed because the symptoms are mild and short-lived. Symptoms of the acute phase include swelling, fever, fatigue and diarrhea. The chronic phase causes digestive problems, constipation, heart failure and abdominal pain.

Thrombosis is part of its symptoms, the formation of a clot. This event contributes to a person's death for four reasons: arrhythmias, stasis secondary to cardiac dilatation, mural endocarditis, and cardiac fibrosis. Sound familiar having seen the cause of athlete deaths? This parasite "sadly" is not the only cause of cardiac arrest.

The second parasite is *Trypanosoma Brucei*, which causes sleeping sickness. *T. Brucei* is one of the few pathogens known to have the ability to cross the blood brain barrier. Note that the symptoms of these pathogens reflect both covid disease and vaccine side effects. It is curious to note that this parasite can be treated with the drug Ivermectin, which is still not used as a therapy, and indeed is hindered, despite the improvements after use are generally quite rapid.

The third parasite is the most enigmatic and probably the most dangerous, the Hydra Vulgaris (or perhaps it is the Polypodium hydriforme, which has the same characteristics, only that it is 30x smaller than the Hydra), a small freshwater invertebrate, therefore in truth it is not a parasite, but a distant freshwater cousin of corals and jellyfish.

These organisms, which resemble miniature fleshy palms with swaying tentacle fronds, have stem cells that exist in a state of constant renewal and appear to hold the key to biological immortality in their genomic code. Every 20 days, the whole organism renews itself, and they multiply rapidly.

"As far as we know, it neither ages nor dies," says assistant professor Celina Juliano, Department of Molecular and Cellular Biology. "You can cut small pieces of the animal and it will grow back, and perhaps the most amazing thing is that you can dissociate the animal into single cells, mix them all, put them back into a ball and a new Hydra will simply grow from it."

Hydras are virtually immortal in a laboratory setting.



From Dr. Carrie Madej:

"I looked at both Moderna's mRNA and Johnson & Johnson's viral vector 'vaccines' under a compound microscope. I used white light and it was at normal room temperature in the lab. Colors appeared over time in what I was looking at. "Then suddenly purple, blue and green light appeared and disappeared. Some nanotechnology engineers later told me that

liquids have the properties of superconducting materials, analogous to injectable computer systems."

Dr. Madej also observed a microorganism:

"He was alive. He lifted off the slide and his tentacles moved. The organism pointed its tentacle through the lens, as if it were self-conscious. He knew we were watching him. Some people contacted [Stew Peters](#) and me and said the creature resembled something called Hydra Vulgaris, one of six model organisms that cannot die. It regenerates continuously. You can put it in a blender and then it comes together again. I was so shocked by what I saw that I cried for most of that night. "

For more info [see this video](#) and for images and insights [read this article](#) by dr. Robert Young.

Dr. Zalewski examined five vaccine samples and also found Hydra Vulgaris, revealing that the creature's chemical compound contains aluminum, carbon, and bromine. This means that Hydras are genetically engineered before being injected into humans.

Dr Jane Ruby, a pharmaceutical researcher, gave a pivotal comment on the [Stew Peter's Show](#) on Dr Zalewski's findings, noting that the dormant "eggs" of Hydra become very active when exposed to graphite tape (graphene oxide) and heat.

Dr. Zalewski was able to witness the growth / development of Hydra in just four days after being placed in a high temperature spray chamber in the presence of the graphite tape used on the microscope plate. Zalewski observed that the organism has a very small head and three "legs" of different colors, with paws or feet at the tip. He believes that the eggs are present in the vaccine and that the graphene in the tape caused them to hatch and grow.

For more info [read this article](#).

For now let's leave Hydra aside, because to better understand how it works, we need to further investigate the most common ingredient in vaccines, graphene oxide.

Graphene oxide, thick an atom in a honeycomb configuration, is one of the thinnest, most elastic and strongest materials on the planet (1000x stronger than titanium). It is used as a solution for conducting heat. It has promising use in making batteries as it can conduct energy efficiently.

Moderna, Pfizer / BioNTech, etc., were in the running for research and development of graphene oxide nanoparticles as a cure for cancer. Then, graphene oxide was injected into laboratory animals and used as a vector to deliver new drug technology to mRNA directly into the cells.

At first, the animals appeared to be fine and the cancer cells were successfully destroyed. But two months after inoculation all the animals got sick and died from Antibody-Dependent Enhancement (ADE, an excessive immune response)! ADE is a post-vaccination syndrome and in [this article](#) the Sicilian judiciary confirms it for the death of a man after the inoculation of Astrazeneca.

Healthy cells were destroyed by graphene oxide nanoparticles. Safety and toxicity have been the main challenges of the pharmaceutical cartel in using this new technology for biomedical applications such as gene therapy, but after two experiments on animals that have resulted in the death of all animals, graphene oxide couldn't be approved for use in humans due to its toxicity to healthy cells and ADE, which is where the immune system self-destructs.

At least 90 scientific studies show that the toxic effect of graphene oxide in the human body produces the same clinical effects as Covid-19. These symptoms include programmable cell death, blood clotting, platelet aggregation, clotting, cytokine storms, thrombosis, pneumonia (flu-like symptoms), mucosal inflammation, loss of taste and smell, fertility problems, low sperm production male and sexual complications, **blocks detoxification in the body by blocking glutathione (the master antioxidant)**, creates a metallic taste in the mouth, destroys the immune system and magnetizes people, especially at the injection site, which could explain the bizarre footage of people holding magnetic objects on the arms after vaccination.

Perhaps the most famous and earliest recent evidence of the presence of graphene oxide in vaccines is due to Spanish researchers at Quinta Columna, who found that 98-99% of Pfizer's vaccine vial is composed of graphene nano oxide, found also in influenza vaccines.

I invite you to check their lab analysis from [their website](#) and for convenience there are many videos on [Bitchute](#) - just enter the keywords "Quinta Columna". Now they have analyzed many other vials of the vaccine, even from other brands, discovering ingredients that truly resemble the movie The Matrix, if not worse.

Another scientific research of German doctors was broadcast in [this video](#), but we can see a summary in [this article](#) - then there is the research and personal experience of doctor Zandre Botha with her patients, who was shocked after studying the blood of "vaccinated" patients who were coming to her with serious illness after being injected. In her [video interview](#) you can clearly see how her blood is severely lacking in oxygen.

Tests from independent researchers, doctors and laboratories are becoming more and more frequent, just search a little online.

Graphene oxide also inflames mucous membranes and contributes to the loss of taste or smell, or even leads to an unusual metallic taste in the mouth, which has been reported by many vaccinated people.

Here are 54 scientific studies on graphene oxide toxicity:  
<https://covidmakebelieve.com/index.php/2021/11/15/scientific-literature-studying-the-toxicity-of-graphene-to-humans/>

And we can find many more in PubMed using the keywords "toxicity graphene":  
<https://pubmed.ncbi.nlm.nih.gov/?term=toxicity%20graphene%20>

This essentially means that the pharmaceutical cartel is falsely marketing gene therapies as "vaccines" to profit from injecting an unapproved industrial chemical into humans without their informed consent. This is in direct violation of the Nuremberg Laws. It is evident now that the pharmaceutical cartel is determined to profit in any case, but even at the expense of all our lives?

Dr. Andreas Noack, chemist, one of the leading experts on activated carbon and graphene in Europe (he himself wrote a thesis on how to change graphene oxide into graphene hydroxide), explains in [this video](#) what it is and how it works in the body. Graphene hydroxide are nano-razors that slowly destroy the body by cutting the brain, heart and blood vessels. According to him the death of athletes is due to the presence of graphene hydroxide and the misfortune of being inoculated directly into a vein, and pumping a lot of blood with sport, death comes more quickly.

With the autopsy, none of this is found, because one cannot imagine that something the size of an atom could cut blood vessels.

This video cost him his life, because shortly after he was arrested in his house and taken away by the Austrian police, dying 4 days later ([here the video](#) of the arrest).

Graphene oxide has been found in all four vaccines, and being extremely toxic to humans, the [images of the blood](#) before inoculation and after are impressive to say the least.

According to the research of Dr. Robert Young particles are composed of stainless steel and are glued together with a "carbon-based glue" of reduced graphene oxide (graphene hydroxide) (4). This aggregate is highly magnetic and can trigger pathological blood clotting and the creation of the "Corona Effect" or "Spike Protein Effect" from cell membrane degeneration due to interactions with other dipoles.

Endogenously created "corona effect" and "spike protein" ARE caused by chemical, parasitic and radiation poisoning from reduced graphene oxide or graphene hydroxide, and electromagnetic radiation (5), (6) and not coronavirus!

The "spike protein" in Covid-19 vials that everyone is talking about is actually a Lentivirus. Lentivirus contains a combination of HIV types 1-3, SRV-1 / AIDS, MERS and SARS. A Stanford study (7) reveals that Lentivirus is a "genus of retroviruses that cause chronic and fatal disease in humans characterized by long incubation periods. It allows long-term expression of the transgene, i.e. a modification of the human gene.

The best-known lentivirus is the pathogen of human immunodeficiency, which causes AIDS. This is why we are seeing an autoimmune and neurodegenerative decline following Covid-19 inoculation. This is an induced condition known as PRION.

So with the covid vaccine, which in reality is not only an experimental gene therapy, but a real biological weapon, we are not only attacked by the lentivirus, by parasites (of which at least one genetically modified, the Hydra), but also by the oxide of graphene with its toxicity and its murderous function of cutting us into nano-pieces without feeling pain.

And who financed the commercialization of graphene?

The European Union invested one and a half billion euros in a project called "The Graphene Flagship" in 2019 (before the start of the "pandemic"), generating nine companies and 46 new graphene-based products (8).

We are literally saturated with this industrial poison that has been intentionally placed in everyday objects such as face masks, food, clothes, water filters, sanitary napkins, tampons, diapers, surgical masks and in the famous chemtrails, sprayed in the our skies for over 20 years. In [this article](#) Quinta Columna, a team of Spanish doctors and researchers, shares the discovery of graphene oxide in rainwater. It is also used in Covid-19 "test" swabs and we now know that it is the key ingredient in "Covid-19 vaccines".

Let's open just a short parenthesis on the use of masks, on the effectiveness of lockdowns and PCR tests. On the [website of dr. Mark Trozzi](#) is a collection of over 150 researches on the ineffectiveness and harm of using masks and lockdowns as an infection prevention. Here we can [read an article](#) published by five doctors in the prestigious The New England Journal of Medicine, where they confirm the futility of using the mask outside the hospital environment as protection from an infection. Finally, here is an [exceptional collection of articles](#), research and tests on the use of masks and the danger to our health - there is nothing more to add on this topic.

Regarding the effectiveness of PCR tests, I invite you to read the brilliant article "[PCR Tests for Covid-19 are Scientifically Without Meaning](#)" by Torsten Engelbrecht and Konstantin Demeter.

It is remarkable that Kary Mullis himself, the inventor of the polymerase chain reaction (PCR) technology, for which he was awarded the Nobel Prize in Chemistry in 1993, did not think like our government.

Unfortunately, Mullis died at the age of 74 (just 6 months before the pandemic, a coincidence?), but there is no doubt that the biochemist considered PCR inappropriate for detecting a viral infection. The reason is that the intended use of PCR was, and still is, to apply it as a manufacturing technique, capable of replicating DNA sequences millions and billions of times, and not as a diagnostic tool for detecting viruses. For more info [read this article](#).

If we have had more than a few cases of colds, we most likely have had a coronavirus. Strain variety of the coronavirus represents a large family. Everyone has a strain or more in their DNA.

Here's the problem: we're testing people for any strain of coronavirus. Not specifically for COVID-19. There are no reliable tests for a specific COVID-19 virus. There are no reliable agencies or media outlets to report the actual number of COVID-19 virus cases. This needs to be addressed first of all. Every action and reaction to COVID-19 is based on totally incorrect data and we simply cannot make accurate assessments.

This is why we hear that most people with COVID-19 show nothing but cold / flu-like symptoms (survival rate is around 99.7%). This is because most coronavirus strains are nothing more than cold / flu-like symptoms. The few new real coronavirus cases have

worse respiratory responses, but they still have a very promising cure rate, especially for those with no previous problems.

The "gold standard" in testing for COVID-19 is laboratory-isolated / purified coronavirus particles free of contaminants and particles that look like viruses but are not, which have been shown to be the cause of the syndrome known as COVID-19 and obtained using suitable viral isolation methods and controls (not PCR currently in use or serological / antibody tests that do not detect the virus as such).

PCR basically takes a sample of your cells and amplifies any DNA to look for "viral sequences" - fragments of non-human DNA that appear to match parts of a known viral genome.

The problem is that the test is known to fail.

It uses "amplification" which means taking a very small amount of DNA and making it grow exponentially until it can be analyzed. Obviously, even minimal contamination in the sample will be amplified leading to potentially gross discovery errors.

Plus, it's only looking for partial viral sequences, not entire genomes, so identifying a single pathogen is next to impossible even if you ignore the other problems.

PCRs at best tell analysts that you have viral DNA in your cells. Which most of us have, most of the time. It might tell you that the viral sequence is related to a specific type of virus, hence the huge coronavirus family. But that's all. The idea that these kits can isolate a specific virus like COVID-19 makes no sense.

And this without going into the other problem: the viral load.

Everyone will have some virus spreading into their system at any given time, and most won't cause disease because their quantities are too small. For a virus to make us sick, we need it in abundance, in enormous quantities. But PCR does not test the viral load and therefore cannot determine if it is present in sufficient quantities to make us sick.

If we feel bad and undergo a PCR test, any random virus DNA could be identified even if they are not involved in our disease at all, which leads to a false diagnosis.

And coronaviruses are incredibly common. A large percentage of the world's human population will have covid DNA in small quantities, even if they are perfectly fine or are sick with some other pathogen.

Can we see in which direction this is leading? If we want to create a totally false panic about a totally false pandemic, just choose a coronavirus (one of many) and a test that can only reveal the generic coronavirus.

For further information [read this article](#).

If the PCR results are scientifically unreliable, why does the government continue to use them? And if even for a moment we give credit to the theory of a coronavirus, why not use,

for example, the saliva test? Is it because there is some harmful substance or technology [on the sticks](#) too, such as graphene oxide?

John Magufuli, president of Tanzania, may be the wisest world ruler alive today. A chemist by training, Magufuli sent samples to the World Health Organization (WHO) for testing for Covid-19. Magufuli said: "We took samples from the goats; we sent sheep samples; we took papaya samples; we sent car oil samples; and we took samples from other different things; and we took the samples to the lab without them knowing.

His officials named the champion as car oil Jabil Hamza, a thirty-year-old male. The results came back negative.

They called the jackfruit a champion after Sarah Samuel, forty-five, female. The results came back inconclusive.

Pawpaw fruit was sent as Elizabeth Ane, twenty-six, female. Poor papaya came back positive.

Samples from a bird called kware and also from a goat were positive; a rabbit was indeterminate; the sheep was negative.

(Jessica Lee, "Is Tanzania President Exposing Faulty COVID-19 Tests By Submitting Non-Human Samples?" Snopes, May 7, 2020,

[https://www.snopes.com/fact-check/tanzania-president-covid-tests/.](https://www.snopes.com/fact-check/tanzania-president-covid-tests/))

<https://thecovidblog.com/2021/03/20/tanzania-president-john-magufuli-dead-five-weeks-after-the-guardian-calls-for-reining-him-in/>

President Magufuli wasn't wasting government money on tests for his people, but in the West, governments have spent millions on PCR test kits.

Before continuing, and delving into the last part on the Hydra Vulgaris parasite and the connection with graphene oxide and negative electromagnetic fields (wi-fi), I just want to spend a few words for the people who have read this far, and who feel as a mental, or perhaps even emotional, resistance.

Our mind has been conditioned to believe in our social system, therefore the government, media and health system in this case, and it is natural that, after a lifetime, our mind rebels - it is too much to assimilate, because we are attached to always founded beliefs, which are deeply rooted in us, which represent reality, the truth of our reality, but now it is as if everything could shatter, turning all into a nightmare.

And not only did we believe it, but also our parents, family, friends and practically the whole world. How is it possible that we have been so much deceived en masse, all of us by a group of evil individuals who rule the world?

And above all, even if it were all true, why do they do it?

We will answer these questions at the end of the first section of the guide - for now what matters is that if we feel a lot of resistance, and want to stop reading, let's rather take a break, watch a comedy movie or go for a walk in nature, and let's breathe deeply, but DON'T give up, let's not stop now, because we need YOU - every person is precious, very precious, regardless of age, how many languages they speak, how much they earn and whether they are nice or not.



And then let us remember that I invite you to verify any information contained here - we must use our heads and not believe anyone, not even me - and we are always free to reject everything we are reading here, but I only ask you to continue until the end, for once, and then, after the necessary verifications, decide which version of reality to believe - surely one of the two is false: will it be the one that the media and our government tell us, or the one you find here?

I too sometimes, especially in the morning when I get up and wonder if I'm really experiencing this madness or if it was just a dream, because my mind also assimilates, assimilates, but at moments I wonder if I'm crazy because in fact I suddenly feel to live as a protagonist of a typical Hollywood science fiction film, together with all of humanity - where did the old life go, the "normal" one, or was it the one before that was a dream and now I'm opening my eyes for the first time to reality?

The good news is that there are solutions to get out of this situation, and in this guide I will do my best to present them so that we can put them into practice today, and they will make us feel better, whether we are vaccinated or not. And let us remember that we are not alone - there are growing groups of "awakened" people like you are now, and we will get in touch to share and support each other. ;)

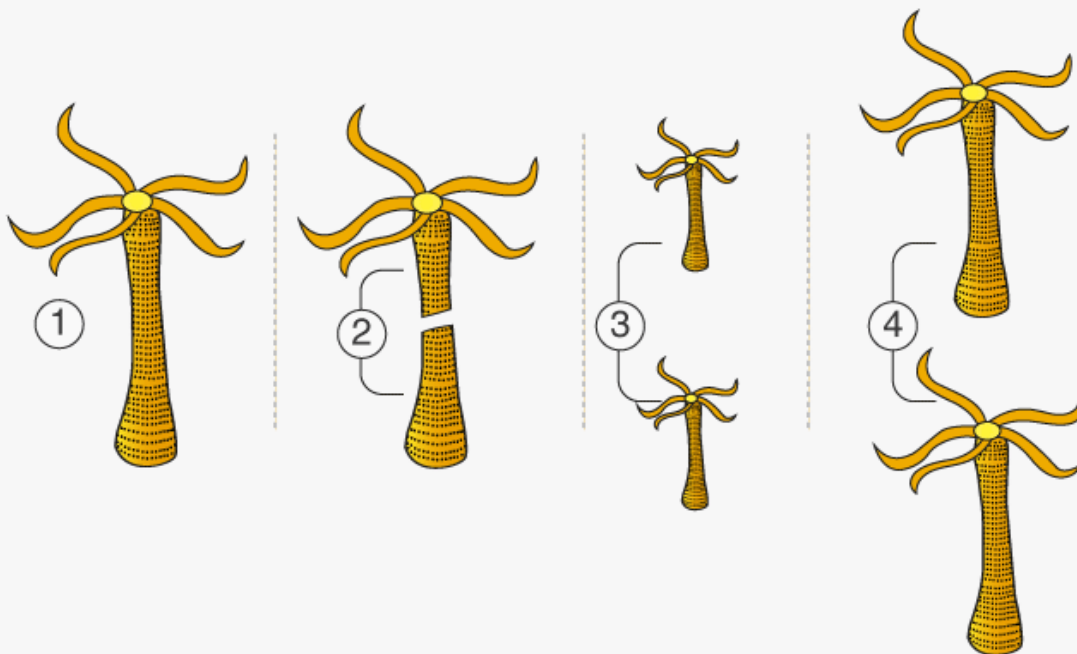
Ok, let's continue.

Do you remember that we said that the Hydra Vulgaris can completely regenerate in a new Hydra even if you cut it into a thousand pieces? They teach it at Davis, the University of California, where they have workshops and projects dedicated to studying Hydra - see their [official website here](#). In the University article they say:

"Hydras are unique because their stem cells exist in a constant state of renewal. Kept safe and isolated, these organisms show no signs of aging. Outside the lab, the only real threats they face are predators, extreme weather conditions, and disease.

Always resilient, Hydra can survive dismemberment by regenerating lost sections of its body. Cut a Hydra into segments and each segment will become a new Hydra. Mix one and you're left with a soup of cells. If you harvest those cells using a centrifuge, they rearrange themselves, eventually forming a new Hydra. "

# REGENERATION IN HYDRA



- 1 Adult Hydra | 2 Amputation | 3 Regeneration of Tiny Hydra | 4 Growth

Image taken from: <https://byjus.com/biology/regeneration/>

Let's take a moment to "cut a Hydra into segments and each segment will become a new Hydra". If we have evidence that Hydra is found in these injections (we can't call them vaccines anymore from now on), and that each cut segment creates a new Hydra, couldn't graphene hydroxide, aka nano-razors, have also the purpose of cutting the Hydra in the body so that they multiply indefinitely? (this is personal speculation, I have not found any evidence of this)

And if so, what do they want to create in our bodies with this multiplication?



It is curious to note that Hydra resembles our neuronal cells, and as we will now see from the research of Dr. Ariyana Love, this similarity does not seem coincidental.

Everything I'm writing here is based on the research of Dr. Love, who has found evidence in the open source literature, peer-reviewed scientific research, and technological developments spanning the past few decades (to read her article [click here](#)). As crazy as this science fiction information may seem, the technology has already been used and is being injected into the veins of our children!

Let's start with a question asked by Stew Peters to Dr. Love in an interview: how is it possible that the Hydra, which is a freshwater creature, can survive in a vial at about 57 degrees below zero and then also in human blood ?

*(Pfizer and Moderna – at the moment they have shown that Hydra is also found in J&J, but I have not yet found evidence that it is also present in Astrazeneca, but I would not be surprised since AstraZeneca in Sanskrit means "weapon that kills" ).*

Answer: The Hydra inserted in the injections has been genetically modified and no one knows how it is possible that it can survive in such conditions, however it is a Hydra GMO, so its capabilities remain unknown at the moment.

Hydras are used in the assembly of the human genome for the gene silencing of human beings, i.e. for the deactivation of unwanted genes. Messenger RNA (mRNA), SPIONS (super paramagnetic iron oxide nanoparticles), DNA-coated lipid nanoparticles containing drugs and chemicals, transgenic Hydras and parasites are all part of an "operating system" that bypasses the system. human immune.

These transgenic polyps have been genetically modified in a laboratory of the Zoological Institute of the University of Kiel in Germany since 2006 - we can [check that here](#).

Graphene oxide plays an important role for Hydra and parasites, as it is used to open the membrane (9) of cells (another purpose of graphene!) So that these programmable nanorobots can reach the cell nuclei to deactivate the cells. unwanted genes and encode artificial gene sequences (10).

Hydras are meant to create hybrid humans, that is, they are used to transfect humans. Transfection is the introduction of exogenous genetic material (transgene) into recipient cells, then a gene is added so that it can set in motion a "therapeutic" phenomenon.

These Hydra GMO polyps are now genetically encoded vectors, carrying a variety of programmed synthetic genomic sequences and mRNA (messenger RNA) for the purpose of transfecting humans (11). Once inside the human body, these transgenic Hydra polyps serve to reconnect and control the ancestral circuits of humans.

What they did is transfect the Hydra and also the parasites with the lentivirus. What is lentivirus used for? Lentiviral vectors in gene therapy are a method by which genes can be inserted, modified or eliminated in organisms. The final result is a transgenic cocktail,

which on one hand silences some unwanted human genes, and a new Frankenstein genetics is inserted creating a hybrid human being.

Let's remember that lentivirus is the spike protein everyone is talking about. It is the deadliest combination of biological weapons ever created, namely SARS, MERS, HIV-133 and SRV-1, which induces AIDS, so the inoculated people are actually administered these viruses as well. (let's remember that by working on the cellular terrain, detoxifying it, these viruses can be eliminated)

Hydra and parasitic species, with their new genetic code, are merging into the tissues of humans and becoming one.

And how do they multiply in the body? The multiplication becomes very rapid when they come into contact with graphene oxide and when at the same time we are subjected to too many 4G and especially 5G waves.

For further information on Dr. Ariyana Love's research [read this article](#) and see [this interview](#).

Unfortunately, it is already possible to see the first physical evidence of this genetic modification thanks to infants from parents injected in the second half of 2020 or early 2021. These babies are born with a series of characteristics never seen in humans such as already having a tooth at birth, the ability to raise the head after only 6 days, crawl after 2 weeks, turn around after 2 months, try to walk at 3 months, sit up at 4 months, say "mom" after 4 and a half months, as if had advanced aging - you can see all of this in [this video](#), including the inexplicable effect of completely black eyes.

These children no longer have the human genetic code, that is, the one created by Mother Nature or God, but they are hybrid humans, and no one yet knows how they will grow, but a lot of scientific evidence and research reveals to us at least why they did - so let's start talking about magnetism.

## Magnetism and Magnetogenetics

We've probably all heard of, or personally seen, the magnetic effect at the injection site (especially in the arm) where people were left with coins, refrigerator magnets, or cutlery stuck to their bodies for some time. It has not happened to everyone \*\*\*, but it is certainly a phenomenon that borders on the paranormal if we are not aware of the cause - watch several [video testimonials here](#).

\*\*\* a scientist discovers that some serums are 50x more dangerous than other batches, and it is not clear why, but it could partly explain why some people did not have the magnetic effect:

<https://celiafarber.substack.com/p/uk-scientist-reveals-bombshell-data>

An interesting experiment was conducted by the European Forum for Vaccine Association in Luxembourg in June 2021 where 30 injected and 30 non-injected people were interviewed and 15 women and 15 men were interviewed in each group. The test was to see if a magnet remained attached to the arm or not. Before the test, it was demonstrated

how the magnet attached itself to a metal object and explained that this cannot happen with the bodies of human beings.

The results:

In the non-injected group, out of the 30 individuals interviewed, the number of people who showed attraction to the magnet was 0 (zero). Therefore the experiment ended there for this group.

In the injected group, however, 29 of the 30 individuals interviewed showed attraction to the magnet. That is, the magnet adhered to their skin without difficulty.

Of these same 29 individuals, 22 have the magnet adhering to only one shoulder and only to the injection area. These 22 individuals are the ones who only received one injection. The other 7 people in this same group have the sticky magnet on both shoulders.

It appears that people who have been previously injected under the government's vaccination program are much more electromagnetic than people who have been vaccinated more recently. The magnet adheres faster and holds better than in newly vaccinated people, and this may confirm our aforementioned research, where the "ingredients" of genetic therapies (remember I no longer use the word vaxxine) develop, grow and multiply in the body.

[Click here](#) for more details on the experiment in Luxembourg.

Graphene oxide does not have magnetic properties, however when it enters the human body it activates magnetic properties, but the creators of the killer serums wanted to make sure they achieved their goal, so what else have they added as an ingredient?

[In this article](#) you can see video testimonies of the magnetic effect and several scientific studies about it, but the more in-depth explanation is shared by Dr. Jane Ruby, with more than 20 years in pharmaceutical and "vaccine" research, who joins Stew Peters to clarify why we are seeing these magnetic effects associated with COVID injections.

She explains the existence of magnetic nanoparticles added to the vials, as the membranes of human cells naturally resist the intrusion of mRNA or any type of genetic material. **Using magnetic nanoparticles encased in lipid polymers allows serum makers to literally force mRNA into cells.** It's a process called "magnetofection" ... they're using magnetic fields through different chemicals to actually concentrate mRNA in people's cells.

For more information on how nanomagnetic particles work, [watch this interview](#) with Dr. Jane Ruby.

By [clicking here](#) you can find one of several manufacturers of magnetic microparticles not suitable for human use.

Magnetic nanoparticles have been used in drug delivery and thermochemotherapy for cancer (12). There is also much scientific literature, research and reporting available on magnetogenetics, a field of investigation that combines the focus on magnetic nanoparticles, fluorescent nanoparticle sensors, and brain behavior research. Scientists

have learned that apposition of magnetic nanoparticles to neurons allows remote access to the central nervous system and brain and allows remote operators to activate and deactivate neurons remotely, affecting motor / muscle movements, memory and behavior.

Magnetic nanoparticles introduced into cells on the back of graphene oxide binders, particularly brain cells, neurons, have implications for both changing the electromagnetic nature of cells (13) (14) (15) (16) (17) (18), both for the remote oscillation, and **for the remote manipulation of behavior, thought, emotion and action, essentially, mind control through the Remote Control of the Brain through the EMF** (electromagnetic fields, wi-fi, or above all the 5G).

Graphene is also used in biosensor applications and is part of the transhumanist push to cyborgize humans, connect humans to the [Internet of Things](#) under the cover of "Intelligent Health Care" (19) (20) (21) (22):

Graphene oxide nanotechnology is therefore superconductive and highly integrative with the neuronal cells of the brain, and perhaps no one explains it better than Ricardo Delgado, founder and director of Quinta Columna, [in this video](#) where you will find in a simple way explained the connection with the graphene oxide, the nanotechnology present in the injections and the function of 4G, 4G plus and 5G.

Dr. Delgado explains that in the Moderna, Pfizer, Astrazeneca and Johnson vials they found:

- nanorouters that emit MAC addresses (if you don't know what they are, [click here](#)), which can be registered with bluetooth wireless technology with the help of an app in your smart phone;
- nano antennas and plasmonic antennas for the amplification of these signals;
- nano-rectenne (a device capable of converting microwaves into electric current) which act as direct / alternating current rectifying bridges, codecs and certain portals for the encryption of these nanocommunication emitted by people inoculated to a remote server. The main matter for the functioning of these nano structures is graphene oxide.

Do we by any chance think that it is not possible to control our mind with current technology?

Let's watch this [short video](#) where they use a technology I would say almost primitive compared to the one used to create the serums.

Pfizer, Moderna, Astrazeneca and Janssen (J&J), and even Novavax (the latest injection they promote as the most ethical one, which they say is truly a vaccine!), seem involved in connecting our minds like cyborgs to the Internet of Things - just see the patent number US11107588B2 approved on August 31, 2021 which has all the functions and purposes for the scope of remotely tracking all vaccinated humans around the world, who will or will be connected to the "Internet of Things" via a quantum linkage of pulsed microwave frequencies of 2.4 GHz or higher from cell towers and satellites directly to graphene oxide held in the adipose tissues of all inoculated people.

To verify this information, go to the patent by [clicking here](#) and then search with F5 one pharmaceutical brand at a time (eg Astrazeneca) and you will find all five as candidates for inclusion in vaccines.

When we start skimming the patent, we see that it talks about "electronic devices" that generate ID numbers for people, which will be used to track their proximity to other people. We spend enough time reading it and realize that the system requires a smartphone app that streams data to a back-end server. The server stores the data in a database, then examines a graph of which people have approached people known to be infected with COVID-19 and prioritizes those people for vaccination. And this is how they sell us or will sell us the application to install on our phone - a method to protect ourselves from a virus that does not exist, such as the [G2G app](#) already available in Australia.

In truth this patent also controls our movements by creating some sort of priority over vial necessity or forced quarantine in relation to social credit score, occupation, people we associate with and vaccine status.

In other words, our behavior will be rewarded or punished according to our behavior - if we rebel and love to be free, we will be punished by lowering our social score, if instead we are an obedient sheep, constantly vaxing ourselves and not speaking against the Nazi system, then we will have a high score and we will be able to go into shops, travel, ask for a bank loan, use our credit card, etc. (obviously if we're still alive) - [in this video](#) with Karen Kingston you can find all the patents with the description of this obedience platform, where we can also end up in prison.

In [this interview](#) Karen Kingston reveals other patents downloaded from the Moderna official website which describe the functions of nanotechnologies to control our health and our behavior. On the [National Science Foundation website](#) there is research published in 2020 where tiny nano machines manage to change and deliver medicine to the gastrointestinal tract - the technology already exists and is already inside the serums falsely proposed as vaccines.

Other evidence through various patents unearthed by Dr. Ariyana Love ([see this video](#) from 11:30 to 21 minutes,) where the contents on hydrogel (23), graphene oxide, graphene hydroxide are found with nano-razors, on wireless sensor technology, on the ability of the virus to mutate (inoculated people become more virulent - irrefutable proof that inoculated people are creating and spreading the covid variants), on the deletion or gene silencing (characteristic of this genetic therapy), on the presence of bromide (corrosive, creates eye damage) and propane (<https://medlineplus.gov/ency/article/002836.htm>, makes it impossible to breathe), on gene silencing in PCR swabs (on sticks the hydrogel (24) with nanotechnology was applied to "inoculate" us as close to the brain as possible), on the inversion of the XY chromosomes which reverses the sexual genes causing sterility.

I would like to point out that all of these killer ingredients can probably be eliminated from the body, and we will see that in the next section - now we've almost closed full circle on the dangers of this world covid situation, and then we'll move on to the solutions!

## The Role of 5G

To understand the present sometimes we must first understand the past, and in this case,

something that we were not taught in school:

"In 1918, after the biggest pandemic, the 1918 Spanish flu pandemic, [Rudolf] Steiner was asked what it was. And he said, 'Well, viruses are just excretions of a toxic cell. Viruses are pieces of DNA or RNA with a few other proteins being carried out of the cell. They happen when the cell is poisoned. They are not the cause of anything.'"

Every pandemic in the past 150 years has made a quantum leap in the electrification of the earth. In 1918, at the end of the autumn of 1917, there was the introduction of radio waves all over the world. Whenever you expose a biological system to a new electromagnetic field you poison it, kill some and the rest goes into a kind of suspended animation, so that curiously they live a little longer and sicker ". (25)

Some of the ideas come from the Austrian anthroposophist Rudolf Steiner and some from the anti-cellular activist Arthur Firstenberg:

"The first technology that was actually harnessed for uses outside of medicine was telegraphy. The telegraph cables. And it was harnessed very quickly and in a very large way. Millions of miles of telegraph cables were strung around the earth starting in the 1840s, 1850s, 60s, 70s. Submarine cables were laid. It went all over the world. And a new disease began to be reported in the medical literature which they called "neurasthenia."

Today we call this "anxiety disorder". But from the time it was first described, which was in the 1860s until the early 20th century, it was considered a physical disease, not a psychological disease as we think of it today. And they searched and searched for a cause, and it hit huge numbers of people across the Western world, and it seemed to follow the course of the telegraph wires. That every time the telegraph wires were laid, suddenly people in that part of the world were struck with neurasthenia. I believe this is due to exposure to electromagnetic fields.

In 1889, alternating current was essentially exploited. It was invented by Nikola Tesla and his patents were adopted by Westinghouse and suddenly we were able to transmit electricity over long distances with little power loss. And this was exploited very quickly, so quickly that we went from practically zero use of alternating current, to intense use of alternating current in one year, and the year was 1889. 1889 was the year of the first major modern flu epidemic and this went all over the world and lasted four years and killed a couple of million people.

Let's move quickly to 1918, when the United States entered the First World War and Marconi had shown the world that radio waves could be used and had demonstrated one of the first transmissions twenty years earlier. But when the United States entered World War I, we made intensive use of radio technology, for the first time, as part of our war effort. And after the First World War, the development of commercial radio began.

The Spanish flu epidemic was caused (or was it a cofactor?) by the sudden change in the Earth's electromagnetic environment due to the worldwide use of radio for the first time. The Spanish flu began on American bases in this country, where soldiers were trained in the use of radio waves. And the installation of the most powerful alternator, a 50,000 watt alternator in New Jersey, by the United States, for use in communications overseas, took



place in September 1918, exactly when the Spanish flu epidemic became so deadly ". (26)

But hadn't we said before that aspirin was the cause of the Spanish flu of 1918, exactly how could graphene oxide and the various ingredients of today's injections be the cause of covid-19?

What is causing covid-19 now? The serums? But the vials cannot be the real cause because the infection started before the vaccination campaign, so now the cause is the change in terrestrial magnetism due to 5G?

That's not quite the case - let's continue with the events that took place in 2019. China had long been destined to be the 5G showcase for the world. Major metropolitan areas and technology centers such as Wuhan were selected to be official 5G demonstration zones.

Only such a high concentration of 5G radio frequency transmitters and microwave towers would enable a city-wide building of the Internet of Things. 2019 was the year of Wuhan, the capital of Hubei, and it was expected to have 10,000 5G base stations by the end of 2019 (27), said Song Qizhu, head of the Hubei Province Communications Administration.

Then came the coronavirus, or so the whole world was told. What really happened was a new variant of the coronavirus was released in Wuhan after 5G experimenters saw a 5G syndrome outbreak arise. People subjected to 5G irradiation were literally falling like flies as soon as they activated the 5G switch. Emergency room and urgent care in medical clinics were overwhelmed. 5G scientists, given the emerging public health crisis, immediately activated Plan B: to blame a virulent influenza, a laboratory-created coronavirus, which produces symptoms similar to the 5G syndrome (28).

Let's look at the table below and we will notice that the symptoms of 5G syndrome, graphene oxide and "covid-19" are identical.

# THESE HAVE THE SAME SYMPTOMS

	RADIATION SICKNESS (EMF AND 5G)	GRAPHENE OXIDE POISONING	"COVID-19"
BLOOD CLOTS (THROMBOSIS)	✓	✓	✓
LOSS OF TASTE AND SMELL	✓	✓	✓
LUNG DISORDERS	✓	✓	✓
NEUROLOGICAL DISORDERS	✓	✓	✓
CYTOKINE STORM	✓	✓	✓

The 5G rollout is also why three of the most serious initial coronavirus outbreaks across 3 continents - Asia, Europe and North America - have occurred in major metropolitan areas that have undergone an advanced 5G rollout: Wuhan, China; Milan, Italy; and Seattle, Washington, respectively. Each of these three "5G demonstration zones" produced the highest COVID-19 infection rates and death rates (29).

When Quinta Columna's group, led by Ricardo Delgado, studied the electromagnetic phenomenon in the human body after inoculation, they realized that graphene oxide has what is called an "electron absorption band". This means that it absorbs a certain frequency which excites and oxidizes this material very quickly. When graphene oxide is activated by certain electromagnetic waves it becomes very oxidizing in the body, thus rapidly depleting our natural stores of glutathione, the main antioxidant.

As it happens, 5G emits an ideal frequency for the activation of graphene oxide in the body.

During the lockdown they never stopped placing new 5G terrestrial antennas and that curiously 8 out of 10 of these antennas are positioned near geriatrics and nursing homes, in their immediate vicinity, which was precisely the part of the population most affected and the most vaccinated against the flu.

That's why the deployment of these antennas never stopped during the pandemic. In fact, they were among the few services that were maintained.

Quinta Columna suspects that graphene oxide was introduced into these vials in the 2019 flu campaign, as it was already used as an adjuvant. There is a coincidence in space and

time, which cannot be ignored.

Likewise, one cannot ignore the coincidence of 5G component installers around the world reporting the wording "COV-19" on the equipment being installed in the towers, which shows that the phenomenon is strangely widespread and clearly not accidental - watch [this video testimony](#).

Authors Thomas S. Cowan, Sally Fallon of the book "The Contagion Myth, Why Viruses (Including" Coronavirus ") Are Not the Cause of Disease". Cause of the Disease) have discovered the following interesting points:

- the disease followed the installation of 5G in all major American cities.
- countries without 5G, such as Guyana, Suriname, French Guiana and Paraguay did not report any cases. Paraguay is doing what all countries should do: building a national fiber optic network without resorting to 5G.
- a Spanish epidemiologist traced the development of 5G installations in European cities and countries with cases per thousand people and demonstrated a clear and close relationship between the rate of coronavirus infections and the location of the 5G antenna. (Bartomeu Payeras I Cifre, "Study of the correlation between cases of coronavirus and the presence of 5G networks ", trans. Claire Edwards (March-April 2020), [www.tomeulamo.com/fitxers/264\\_CORONA-5G-d.pdf](http://www.tomeulamo.com/fitxers/264_CORONA-5G-d.pdf).)
- toxins and harmful electromagnetic fields damage the cytoplasmic gel in our cells, interfering with practically every physiological process. This cytoplasmic gel acts as a receptor site for everything from hormones, chemicals, toxins, thoughts and emotions. This damage to the gel is a huge factor in the disease; in essence, it is the unified field principle behind health and disease. Toxins and electromagnetic fields cause cataracts and joint pain for this reason. This is the reason we all need organic food (grown without toxic pesticides).
- having an adequate amount of saturated fat in our cell membranes is particularly important in the internet age because 5G and other electromagnetic fields increase the permeability of the cell membrane (let's remember this point, because it will be important to understand how to protect ourselves from "covid" symptoms or serums in the next section of this guide).
- we know that these 5G millimeter waves interfere with the availability of oxygen in the atmosphere and therefore will also interfere with the ability of the mitochondria (bacteria) in our tissues to convert oxygen into energy. This is the main feature of 5G, exacerbated by aluminum poisoning, glyphosate poisoning, general air pollution and many other toxins in our modern world, all of which contribute to the symptoms of "Covid-19".

The correlation between 5G and covid seems to appear more and more frequently, as in [this short video](#) with the mapping of the world in 5G key compared in key diffusion of covid.

Today there are so many published researches on the harmful effects of 5G that implementing this project would be a real mass suicide (or is it perhaps more correct to

speak of mass murder?). This guide does not have the purpose of discussing the harmful effects of radio frequencies, but of the possible correlation with the "covid" symptoms that humanity is experiencing, but I list at least the sources of scientific research for those wishing to do a personal research:

There are more than 1,000 scientific studies conducted by independent researchers around the world on the biological effects of radio frequencies:

<https://www.5gcrisis.com/scientific-studies>

Cases and deaths attributed to COVID-19 are statistically higher in states and counties with fifth generation millimeter wave wireless telecommunications in the United States:

<https://esmed.org/MRA/mra/article/view/2371>

Appeals and Petitions from Doctors and Scientists - Warning on the dangers of exposure to electromagnetic radiation since 1998:

<https://forlifeonearth.weebly.com/doctors-and-scientists-appeals--petitions-on-emfs.html>

Evidence of a correlation between coronavirus-19 disease and radio frequency radiation exposure from wireless communications, including 5G:

<https://www.ncbi.nlm.nih.gov/labs/pmc/articles/PMC8580522/#B79>

CIA paper on the effects of millimeter waves and microwaves on human health:

<https://thefullertoninformer.com/wp-content/uploads/2018/12/cia-millimeter-waves-1.pdf>

And for convenience I pass a summary of Dr. Martin L. Pall, Emeritus Professor of Biochemistry and Basic Medical Sciences at Washington State University:

We know that there is a large literature, which provides a high level of scientific certainty, for each of the eight pathophysiological effects caused by exposure to non-thermal microwave electromagnetic fields. This is shown by 12 to 35 reviews on each specific effect, with each review listed in Chapter 1, providing a substantial body of evidence on the existence of each effect. These electromagnetic fields:

- 1) They attack our nervous system, including our brain, leading to widespread neurological / neuropsychiatric effects and possibly many other effects. This attack on the nervous system is of great concern.
- 2) They attack our endocrine (i.e. hormonal) systems. In this context, the main things that make us functionally different from unicellular creatures are our nervous system and our endocrine system - even a simple planarian worm needs both. Therefore, the consequences of disrupting these two regulatory systems are immense, so much so that it is a parody to ignore these results.
- 3) They produce oxidative stress and free radical damage, which play central roles in essentially all chronic diseases.
- 4) They attack the DNA of our cells, producing single and double-stranded breaks in cellular DNA and oxidized bases in our cellular DNA. These in turn produce cancer and also mutations in germline cells which produce mutations in future generations.

- 5) They produce high levels of apoptosis (programmed cell death), events that are particularly important in causing both neurodegenerative diseases and infertility.
- 6) Lower male and female fertility, decrease in sex hormones, decrease in libido and increase in miscarriage levels and, as mentioned above, attack the DNA in the sperm.
- 7) They produce an excess of intracellular calcium  $[Ca^{2+}]_i$  and excessive calcium signaling.
- 8) They attack the cells of our body to cause cancer. These attacks are thought to work through 15 different mechanisms in causing cancer.

There is also substantial literature showing that electromagnetic fields also cause other effects, including life-threatening cardiac effects. Furthermore, substantial evidence suggests the cause of the electromagnetic fields of very early onset dementia, including Alzheimer's, digital dementia, and other types of dementia, and there is evidence that EMF exposures in utero and soon after birth can cause ADHD and autism.

Notice how different diseases overlap with those of "covid-19"?

For further information [read this article](#).

Now, to understand how covid variants are becoming popular, we still have to mention one feature of 5G, namely its use as a military weapon.

Few are still familiar with Havana Cuba syndrome caused by pulsed EMF-directed pulsed microwaves, which is an advanced method of controlling, silencing or even causing pain, suffering or death to those who are uncomfortable or a danger to the government. It's called the "Havana Method"!

It is a powerful bullying and intimidating electromagnetic frequency [EMF] device for modifying human behavior and enforcing compliance by terrorizing a person with pain and injury with the intent to incite, provoke, and is designed to humiliate, subdue and even kill.

For further information [read this article](#).

Even President Biden has signed a law to expand health care for victims of the "Havana syndrome" - [read here](#) where you will also find scientific research on this syndrome.

These kinds of devices use a millimeter frequency, but what are millimeter waves?

Extremely High Frequency or EHF is the highest frequency band in the radio frequency range. It includes frequencies from 30 to 300 gigahertz. This band has a wavelength of one to ten millimeters, which is why it is also called a millimeter band or wave, and is the frequency that is used in 5G.

Millimeter waves are used by the United States Army in crowd dispersal weapons called Active Denial Systems. This weapon operates on 95GHz waves and 5G will operate on similar millimeter frequencies (up to 86GHz)!

## Pain without injury

The 'Active Denial System' deters attackers by sending a non-lethal millimeter-wave of electromagnetic energy, causing a burning sensation.

**Wave Penetrates** the skin to 1/64 of an inch, causing a feeling similar to being on fire



Two-second burst can heat skin to 130° F

98.6° F Normal

**Antenna** focuses the invisible energy

Note: Drawing is schematic

**Transmitter** Produces 95 GHz frequency waves

122° F People pull away reflexively

130° F

There is a huge difference between 4G and 5G. 5G will emit 10 times more radiation as it will use frequencies ten times higher than those used by current network technologies. Not only that, but 5G frequencies can be used at 60 GHz! Frequencies of 60 GHz absorb oxygen and leave us with 98% less oxygen in the air. Does this sound like a potential military weapon to anyone? How can we allow such a dangerous public wireless network to exist?

Instead of having a large tower every few / kilometers like with 4G, 5G towers will need to be placed every hundred or so meters due to their short, sharp bursts of radiation which are extremely strong, but run out quickly and are blocked by various trees and obstacles. When these intensely strong beams of 5G wavelengths are emitted, the skin and eyes automatically absorb them, which, in turn, will naturally raise the skin's temperature and cause deep tissue damage. Microwaves are absorbed by the gray matter in the brain and over time cause severe neurological damage.

Additionally, radiofrequency radiation is cumulative, which means that our bodies absorb the radiation over a period of time. Eventually the same 5G radiation can activate dormant viruses (viruses that are in your body from past infections and include COVID-19) to activate, thus inducing a sick state, and that's not perhaps why they often mask 5G towers to look like trees?

Let's google "5G towers disguised" images.

But perhaps the most disconcerting news regarding 5G is the choice to use the 26 GHz band as a preference throughout Europe (30).

Why 26 GHz? Ricardo Delgado of Quinta Columna discovered that graphene acts with the phenomenon of the transistor. A transistor is a semiconductor device used to amplify or switch electrical and power signals. Namely, graphene multiplies the frequency.

IBM scientists, those who work with graphene, from T.J. The Waston Research Center demonstrated the operation of graphene field effect transistors at gigahertz (GHz) frequencies. The Giga hertz is precisely what 5G, 4G, 4G Plus, etc. is handling.

And who sponsors this graphene transistor program? The DARPA, the Military Intelligence. Another time the military is involved with millimeter waves.

So why 26 GHz? Because this is the optimal multiplication frequency of the graphene transistor signal. So 5G and its 26 GHz allow perfect operation for the wireless of the future (now present), but also to activate the graphene oxide inside our body to the maximum. What a curious and dangerous coincidence!

When will they activate the 26 GHz frequency? In Spain in the second half of 2022, and therefore I imagine all over Europe.

We can [see here](#) Ricardo Delgado's speech.

If we want to know how far we live from a 5G tower, just look at one of these tracking systems that is constantly updated:

<https://www.speedtest.net/ookla-5g-map>

<https://www.nperf.com/es/map/5g>

and in the next section it will also be explained how to protect yourself from millimeter radio frequencies such as those of 5G.

## **So what really is this covid virus, how was it born and how do the new variants manifest and propagate themselves?**

Do you remember as we wrote earlier that the Spanish flu could have been caused by an overdose of aspirin, and then by the effect of a terrestrial electromagnetic change due to the installation and activation of new communication technologies?

In the book Vaccination Condemned, by Dr Eleanor McBean, the author details personal and family experiences during the "Spanish flu" pandemic of 1918.

Spain was neutral during World War I and did not censor its press, unlike the fighting countries. As a result, Spain was the first to report the 1918 flu epidemic, and the world used Spain as a source of "scapegoating". Thus was born the "Spanish flu".

In preparation for World War I, a massive military vaccination experiment involving a number of previously developed vaccines took place at Fort Riley, Kansas, where the first case of "Spanish flu" was reported.

The nascent pharmaceutical industry, sponsored by the "Rockefeller Institute for Medical Research", had something it never had before: a large supply of human test subjects: the US military, the number of human guinea pigs has risen to over 6 million men.

Postwar autopsies showed that the 1918 flu was NOT a "flu" at all. It was caused by random dosages of an experimental "bacterial meningitis vaccine," which to date mimics flu-like symptoms. Massive and multiple attacks with additional vaccines on the unprepared immune systems of soldiers and civilians have created a "death camp". Those who weren't vaccinated were not affected by the Spanish flu.

So how did the civilians die?

World War I ended earlier than expected, leaving huge quantities of experimental vaccines unused. Fearing that returning soldiers would spread disease to their families, the US government has launched the largest "fear-based" vaccination campaign in history. They used the human population as a research and development laboratory to field test experimental vaccines.

Tens of millions of civilians have died in the same way as soldiers.

Instead of stopping the vaccines, doctors escalated them, calling it the great "Spanish flu of 1918". As a result, only the vaccinated died.

"Seven men died in a doctor's office after being vaccinated. Letters were sent to their families stating they have been killed in battle. "

Eleanor McBean

Minnesota Wellness Directory

[http://www.mnwelldir.org/docs/vaccines/vaccinations\\_condemned\\_McBean.htm](http://www.mnwelldir.org/docs/vaccines/vaccinations_condemned_McBean.htm)

US WWI soldiers were given 14-25 untested experimental vaccines within days of each other, which triggered escalated cases of all diseases simultaneously. Doctors called it a new disease and suppressed the symptoms with additional drugs or vaccines.

For further information [read here](#).

If this were true, evidently those who are orchestrating this worldwide manipulation have been preparing for some time, and are repeating the same strategies, only on a more sophisticated level:

aspirin = graphene oxide and nanotechnology

application of new technologies that modify the electromagnetic field = 5G

vaccines = experimental genetic therapies

This event called "covid-19" was prepared many decades ago to the smallest details (for now we'll leave aside who and why they did it \*\*\*), and humanity has been gradually poisoned especially with loaded flu shots of viruses (31) and chemtrails, a program that is still active today - just look at the sky and see it all streaked with highly toxic trails. If we have never heard of chemtrails, or are still skeptical, I invite you to read an endless amount of scientific research [on this page](#).

\*\*\* on this you will find a myriad of books, starting eg with the author David Icke.

I highly recommend watching "[The Fall of the Cabal](#)", starting with the first 10 episodes, and then on Bitchute.com looking for the next Sequels.

For those who want the names of companies and people involved and not mentioned in the media, [watch this video](#).



These trails contain graphene oxide, viruses, heavy metals and other toxins to contaminate food, water, air and nature in general. All of these poisons put a strain on our cellular terrain (cytoplasm) and our ability to detoxify quickly enough.

Let us remember that the virus is not the cause of a disease, but is a reaction of the cell as a last resort to eliminate toxins from the body. If we have clean cell terrain, no viruses or diseases can thrive in us.



The germ theory focuses on an external threat where there is no need to detoxify the soil, and we are protected by a serum, like the fish in the image above that must live in a jar of dirty water and be vaccinated to be cured or saved. While with the terrain theory it is enough to keep the water in the jar clean.

So our water jar has become over the generations increasingly dirty and polluted, thus becoming much more susceptible to "viruses" and diseases. At the same time wireless technology was developing with 3G, then 4G and finally 5G. As soon as humans had sufficient accumulation of graphene oxide and toxins in the body, and 5G technology was launched in 2019 in Wuhan, people started dying with the typical symptoms of 5G technology (5G syndrome), however blaming everything on a coronavirus transmitted by a bat, to allow the expansion of 5G and to then activate the injections program, which among other things were ready in record time (6-9 months instead of 7-10 years).

Also, given the high-tech medical nano content in the serums, this isn't something that takes just 9 months - it takes a lot of years, which is why this covid-19 plan has been in preparation for a long time.

There is no external virus in circulation that created the so-called pandemic. The so-called

coronavirus is an accumulation of nano toxins that we absorb from the air, earth (food) and water, which strongly compromise our cellular soil. The activation of 5G and the increasingly frequent use of smart phones, smart watches, laptops, etc. creates an accumulation of harmful radio frequencies in the body, and it takes very little to activate the production of variants within us.

The rest of the deception is fabricated by manipulating the numbers of infections with unreliable tests and declaring the majority of deaths due to covid, when the causes were very different. Other diseases magically drop by the same number claimed by the "new virus" and for what the number of deaths worldwide remains unchanged - they have only moved from cancer, diabetes, etc to coronavirus.

What if "I experienced a group of people who got sick at the same time. Wouldn't that suggest the contagion is real?"

It seems so. But let's think about nature. Why do millions of fish suddenly die?

There is almost always an oil spill or some type of toxic chemical.

Fish are not "spreading" a germ. They are dying from being poisoned.

Having been conditioned all our life to see the "contagion", we automatically think that fish 1 gave it to fish 2 and it "spread". It would seem exactly a "contagion". In fact, fish share the same environmental toxicity. They are literally undergoing the effects of the same poison (food, chemtrails, electromagnetic fields).

When we understand this, it becomes easy to see how they can magically predict a "next wave." They are not "reacting to a new virus," but are actually just carrying out their pre-programmed schedule.

The reason they broadcast fear messages 24/7 is to keep the collective unconscious burdened with anxiety, which then impacts like a hypnotic loop on people who are still asleep with their eyes open.

We are made to be close to each other, eat healthy, breathe air and get sunlight, so we need to stop being afraid of everyone's sneezing - it's never been proven, once in history, to cause disease of any kind.

Thus began the pandemic, but today with nearly 85-90% of people inoculated, the situation is a bit different. People injected with nanotechnology, autoimmune viruses, nano metals and parasites, unfortunately, create the new variants (see the aforementioned patent which confirms it), because they are now even more easily subject to radio frequencies as their immune systems are increasingly compromised and weakened. If we ask any honest doctor, nurse or hospital operator, and he will tell you that by 2022, about 90% of those infected are inoculated.

But beware, the inoculated create the new variants, but they cannot be transmitted - contagion does not even exist with the variants. What they can convey with close and continuous physical contact is nanotechnology, of which we do not yet know everything, and for that reason it is important to detoxify with food supplements to keep the biological terrain as clean as possible.

Here, at the end of this section of the guide, it seems that I am against the inoculated and that I'm pointing my finger at them - nothing further from reality!

From this guide I appear as a no vax, which would make me biased in writing this text, but by now there is a lot of evidence, that even those who have not taken the serum, can suffer from the same symptoms as those who have inoculated themselves.

There have been doctors, experts and industry insiders such as Dr. Michael Yeadon, Dr. Vernon Coleman and Dr. Geert Vanden Bossche (world-leading scientist and virologist who has worked on vaccine discovery and pre-clinical research with large companies, including GSK, Novartis, Solvay Biologicals and Bill & Melinda Gates Foundation), who have denounced the spread of inoculated viruses that could infect healthy people.

Indeed, people who come into contact with someone who has undergone vaccination with experimental medical devices, but who has not been inoculated personally, are developing symptoms of Covid-19, including blood clotting, bleeding, miscarriages, rashes and more.

Continuing with the analysis, Dr. Christiane Northrop explains that the shedding (from the body) of a vaccine is very different from what we are witnessing with the injection of Covid-19". Shedding is a natural occurrence of vaccinations (shedding occurs when components of a vaccine are released into the body or the environment), but since Covid-19 is not a vaccine, we need to think not in terms of shedding, but in terms of transmission.

There is also irrefutable evidence from [Pfizer's documents](#) that the transmission of the deadly poison of Covid-19 by both inhalation and skin contact will transmit everything in the serum, from inoculated to uninoculated.

Dr Coleman explains that the antibodies that will be stimulated by the particular viral strain the inoculates were injected with will override the natural immune system which has been severely compromised. The nanobots have been programmed to cause the destruction of cells and DNA after penetrating cell walls. Therefore, the immune system of vaccinated people can no longer fight a virus. Natural viral strains will then become stronger and much more deadly than the original ones.

For further information read [this article](#) and then [this too](#).

Now do we understand why it doesn't matter if I am vax or no vax, because we are all in the same boat, and only together can we win this war?

Obviously, those who did not take the serum have an advantage over those who took it, but if we do not react united against the system, the end will be the same for everyone.

In [this video](#) doctors and nurses from around the world issue a warning: stay away from people inoculated with mRNA - with this attitude, however, I disagree for two reasons:

*1) this again creates separation and therefore we fear each other, we weaken and play the game of the dark forces - we must remain united! (I dedicate the last, or the third section of the guide to this topic)*

*2) because we have a lot of natural substances that can protect and detoxify us from the poisons of the serums, and the inoculants themselves can improve their health by following the suggestions of doctors and naturopaths around the world (the second section of the guide dedicated to this topic - the intake of natural supplements is mandatory if we want to resist, overcome and win this global threat).*

Practically "Big Tech" (Facebook, Google, Twitter, etc.) and the Media together with governments manipulate and [censor information online](#), collaborate with "Big Pharma" to introduce new technologies in the next serums, which will alter our DNA more and more to transform us into hybrids (obviously only the few who survive, aiming for 1 billion individuals, more or less, today we are 8 billion). This according to them should end humanity as we know it and start the process of transhumanism: Human 2.0

The plans are to continually use the serums to inject nanotechnology into our bodies and connect us to the Cloud and artificial intelligence. This will allow corrupt governments and tech giants to control us physically and mentally (32), (33), without us realizing it - that's why they want to inoculate us every 3-6 months and why they want to develop 5G around the world.

If we continue to inject these biological weapons and allow 5G to develop, hundreds of millions of people will die, including children.

Mike Adams of Health Ranger reminds us that "the powers want vaccines to result in super strains and endless pandemics. Think of all the power and profits they have earned in the last year alone! Do you think they want to give up? Never! COVID-19 is a business model for them. And the armament of the plandemics will continue until humanity stands up and says "Enough!"

What if by chance we had a bad experience with covid without being injected and therefore still believe in the dangerous "virus"?

Let's check on a case-by-case basis and we will notice that anyone who experienced covid badly had one or more of these characteristics:

- if he took the flu jab (contains graphene oxide);
- had a health problem, in the past or in the present, which made him more vulnerable (the effect of psychosomatic weaknesses should also be kept in mind);
- he lived in the area close to 5G (big cities) or abuses of too much technology use.

I am aware that I do not have all the answers to any doubts, and perhaps none (of the good ones) still do, but the purpose of this guide is to make us think, not to convince, and to stimulate a personal search, using this guide only as a point of reference, to save us time and to avoid navigating in the darkness of the internet jungle, which is unfortunately full of contradictions and false, contradictory or half true news.

And if after reading all this we still feel in doubt or confused, because in any case there are many doctors and scientists who say the opposite about serums and 5G, I say this: doubt is human, and I understand why, but we must be aware of what lies behind the doubt - it's fear.

Fear that we will make the wrong choice, inoculate our children or not, because any of the two choices carries a certain responsibility and possible consequences, but fear is a poison for clarity, for truth, it intoxicates the vision of things, therefore yes or yes, if we need to be responsible, we have to inform ourselves as much as possible - but let's do it now, because time is getting very scarce.

As I said at the beginning, don't even believe me, and let's do our checking now, because only verifications (the truth) eliminate fear - let's do it for our children who are not able to do it yet, because you don't have to be a doctor to do these checks, especially now that we have this guide in hand - let's use it as a support, or just as a guide, but we have to convince ourselves with our own mind, listening to our heart, and in the end the choice will be the right one, whatever it may be.

## PART N°2

### How to Protect and Detoxify from the Biological Weapon

Before listing the beneficial substances that will help us prevent the symptoms of "covid" or that will allow us to detoxify from the nano poisons of serums, I prefer to first create a list of everything we need to eliminate from the body, because it is not just a treatment for those who have inoculated, or those who are in close continuous contact with injected people, or those who already suffer from side effects - this is any person who walks the earth, because they have sprayed nanotechnology into the sky for over 20 years, and what falls from the sky, falls on our food and ends up in our water, and then ends up inside our body.

Certainly there are countries in the world that have been more severely affected by chemtrails, such as the United States, but we must keep in mind that we live in a society where the food we buy at the supermarket comes from all over the world, often from intensive farming, from massive use of pesticides, GMO products, with lots of additives and so on.

Here are two examples that are, to say the least, disconcerting: a [video recorded in Spain](#) with 4 types of meat bought at the supermarket (chicken, pork, beef and turkey), where magnets (!) remain attached to the meat, probably due to the massive presence of graphene oxide.

The second is the presence of graphene oxide on beaches, which could also be in vegetable gardens, on meadows where animals graze, etc. - incredible, see [the video here](#).

From the research of many doctors, naturopaths, alternative therapists and people simply passionate about protecting their health and life, I pass a list of toxins, parasites and nanotechnologies closely connected with covid and serums, remembering that we cannot focus only on one toxin for heal or to protect ourselves, but at the same time it does not mean that we have everything listed below in our body, also because this depends on our lifestyle, age, diet, etc. which affects the potency and effectiveness of our immune system and detoxification capacity, creating different levels of toxicity in us.

And one last thing: feeling good or having no symptoms doesn't necessarily mean being healthy. How many times does it happen that we seem to be in perfect health and then we are suddenly struck by a stroke, a heart attack, an inflammation of the skin, unexplained pain in the joints, etc.

Let's start with the contents of the chemtrails, since it affects everyone, but that we can neither confirm nor deny:

Aluminum  
Arsenic  
Bacilli and Molds  
Barium  
Cadmium

Chrome  
Dried human red blood cells  
Ethylene dibromide  
Enterobacter Cloacal  
Enterobacteriaceae  
Human white blood cells-A (restrictive enzyme used in research labs to cut and combine DNA)  
Guide  
Mercury  
Methyl aluminum  
Mold spores  
Mycoplasma  
Fiberglass coated in nano-aluminum,  
Nitrogen trifluoride (known as PULA)  
Nickel  
Polymer fibers  
Pseudomonas Aeruginosa  
Pseudomonas Florescens  
Radioactive cesium  
Radioactive thorium  
Selenium  
Serratia Marcscens  
Fragments of titanium  
Streptomices  
Strontium  
Sub-micron particles (containing living biological matter)  
Unidentified bacteria  
Uranium  
Yellow fungal mycotoxins  
Graphene oxide

Components that do not appear to have been declared in the vials include:

Aluminum (Al)  
Bismuth (Bi)  
Cadmium (Cd)  
Chromium (Cr)  
Copper (Cu)  
Iron (Fe)  
Lead (Pb)  
Magnesium (Mg)  
Manganese (Mn)  
Nickel (Ni)  
Selenium (Se)  
Silicon (Si)  
Sulfur (S)  
Tin (Sn)  
Titanium (Ti)  
Vanadium (V)

Graphene oxide (C140H42O20)

... And the parasite Trypanosoma cruzi (Chagas disease) and Trypanosoma brucei (African sleeping sickness). The trypanosome is composed of carbon, oxygen, chromium, sulfur, aluminum, chloride and nitrogen.

Source: <https://nobulart.com/covid-19-vaccine-ingredients/>

To add to the list are:

- the spike proteins that are created in the inoculated, and possibly also in the uninoculated, but in much smaller numbers;
- operating systems such as microchips, nanorouters and superconductors, that are the nanotechnology particles that should connect us to the Internet of Things;
- the Hydra Vulgaris and the hydrogel (lipid nanoparticles);
- the ingredients officially declared in the vials;
- luciferase, human DNA, fetal tissues, animal DNA, monkey cells.

Obviously, to eliminate these substances from the body you do not need to take dozens and dozens of food supplements, and my aim as a naturopath is to try to optimize the choice of products to have the best possible results with the lowest possible expense, so that it's financially accessible for the vast majority of people.

### Hydration and pine needles

The first fundamental step, one that we cannot ignore, is hydration - and I'm not talking so much about the quantity of water to drink, which now even walls know that you need to drink a few liters a day, but about the purity of the water, and perhaps more importantly, its ability to truly hydrate the body, and consequently purify it.

Before talking about hydration, I would like to say a few words about the purity of water, because if we don't drink water that is pure enough, the body will find it harder to detoxify. The only water that is 100% free from inorganic minerals, and coincidentally the one most discriminated and judged as harmful, is distilled water.

Distilled water is pure water (H2O) and nothing else. Everywhere we read that drinking it pulls minerals out of our bodies, but what is not specified is which minerals are chelated by the body with distilled water.

Each element has two charges, a ionic charge, which can be positive or negative, and an electromagnetic charge, which can also be positive or negative. All inorganic minerals are positive in their electromagnetic circuit. Plants transform the electromagnetic charge from positive to negative through photosynthesis, and thus make the minerals present in vegetables or fruit bioavailable.

Distilled water produces a negative ionic charge in the body which is alkalizing. All pathogens, heavy metals and inorganic minerals in our body have a positive charge, and since the negative activates the positive, distilled water binds to toxins or waste in our body, including inorganic minerals, and carries them out from the body without touching



our precious organic minerals - exactly what we need to fight nano toxins.  
Dr. Varah Siedlecki points out: "... even if distilled water is slightly acidic due to the negative charge, a more alkaline systemic internal environment is created when distilled water is consumed."

Distilled water is therefore the only true pure water that we should drink, and on the labels of water bottles they should specify the minerals with their correct name, that is, they are all inorganic. The only other pure water we could drink is rainwater, which, like distilled water, is created through evaporation, but unfortunately today it is too polluted.

Fortunately, drinking distilled water at home is affordable and easy to brew with distillers. I personally use the Megahome water distiller with a glass container (you buy it online, it costs around € 240), because in my opinion it has the best quality / price ratio. It takes up little space and produces 4 liters of distilled water in about 6 hours.

I strongly advise against NOT drinking distilled water sold in plastic bottles, and if possible any water sold in plastic, because they contain a high concentration of [synthetic xenoestrogen bisphenol-A](#), highly harmful to our hormonal levels.

A question that might arise spontaneously with distilled water is whether or not it is equal to the water produced by reverse osmosis. I consider the reverse osmosis as the second best choice after the distillate one.

Drinking 3 liters of water a day may not hydrate us enough, especially if we don't get enough electrolytes, which are positively or negatively charged minerals. Examples of electrolytes include sodium, potassium, magnesium, calcium, chloride, phosphate, etc. The hydration created by electrolytes is what moves water in and out of cells, which is essential for producing and regulating the body's energy.

Electrolytes are responsible for:

*Hydration*

*Blood pH*

*Hormonal synthesis*

*Muscle contraction*

*Nerve conduction*

These basic functions are essential to determine the efficiency of cell detoxification (essential to eliminate nanotechnology), as well as the efficiency of digestion and assimilation (essential for the absorption of the supplements we will be taking). Furthermore, dehydration hinders cellular communication, which must be at the highest levels to defend us from this nano-GMO threat.

One way to maintain high levels of electrolytes is to use Himalayan salt, which has 87 minerals, but my favorite Mother Nature substance, especially to combat the "covid" is pine needle tea. Pine needle not only contains electrolytes, but is antioxidant (34) (any antioxidant helps remove graphene oxide), anti-inflammatory, antiseptic, and according to Dr. Judy Mikovis helps block spike proteins (occupies the same cellular ACE2 receptor to which the spike protein binds, which creates blood clots).

Perhaps the most interesting substance in the pine needle is shikimic acid, which has many uses, including against viral, bacterial and fungal diseases. This is due to its ability to enhance immune function, restore the balance of bacteria and fungi in the intestinal tract and its microbial derivatives.

Shikimic acid is used as a precursor for the synthesis of oseltamivir phosphate (Tamiflu®), which is used as an antiviral for the H5N1 (bird flu) strain. In one study (35), shikimic acid is extracted from pine needles for the first time using relatively low temperature water. After the subsequent processes of evaporation, absorption / desorption in the column and crystallization, crystals of shikimic acid are obtained with a purity higher than 98%.

If we choose to boil it, the same study (35) suggests that the proanthocyanidins and catechins that shikimic acid transforms into survives hot water up to at least 80 degrees. To obtain shikimic acid without damaging too much other beneficial substances such as vitamin C, bring the pot to a boil (or the kettle), then let it cool for a minute until the water no longer boils, and then add it to the needles for an infusion for at least 10 minutes.

The taste is very light and I recommend drinking at least 500ml during the day.

Please avoid drinking pine needle tea if you are taking anticoagulant medication and use with caution in case of a weak gastrointestinal tract, as it may cause gastrointestinal problems.

People with pine allergies can experience throat damage, nausea, and diarrhea. Pregnant women and those who are still breastfeeding should refrain from consuming pine needle tea.

We can buy pine needles from Bulgaria [here](#) (both fresh and dried needles, nothing changes) and we can use the same needles to make tea 2 or 3x, so it's quite cheap. I prefer to boil the water in an electric kettle and then pour it on 5 grams of needles in a container of 1 liter maximum.

If you wish to discover other beneficial properties of this delicious tea [read this article](#) and [this too](#).

## Glutathione and NAC

Ricardo Delgado of Quinta Columna says: "It appears that the body has some ability to naturally eliminate graphene oxide through certain immunological mechanisms. Once inside the body it behaves as if it were a biological agent as such, as if it were SARS-CoV-2. That is why, we probably suspect they are trying to introduce a second and third dose. Now intranasally. They are already talking about new intranasal vaccines with graphene oxide nanoparticles. Both for the flu and for COVID-19, because it is much more potent in aerosols.

We also saw scientific studies from February to September 2020 on a treatment for COVID-19 with N-acetylcysteine, which is a precursor of glutathione (the master antioxidant nda). And on the one hand, we know that N-acetylcysteine or glutathione itself degrades graphene oxide. That is why we think that we have probably directly affected the causative or etiological agent of the disease. "

Curiously, in August 2021 the FDA decided to ban n-acetylcysteine:

"Reports indicate that the FDA has sent a series of warning letters to supplement manufacturers warning them that NAC, as it is also called, does not meet the definition of a dietary supplement because it was allegedly first approved as a " drug. " 1963 " (36).

The low glutathione levels associated with COVID-19, also known as symptoms caused by graphene nano oxide from flu serums, face masks, PCR tests, etc., can be addressed with N-acetylcysteine (NAC).

Glutathione levels in infants and children are very high and COVID-19 hardly affects the infant population. Glutathione levels are extremely low in obese people and for this reason the obese population is one of the most affected by COVID-19.

Glutathione levels are very high in those people who play sports intensively and as we can see, the target population least punished by COVID-19 is that of athletes.

So why are so many athletes dying lately?

Because they injected themselves.

Everything leads us to believe that N-acetylcysteine worked because it directly reduced graphene oxide as an endogenous precursor of glutathione, so let's now see together how to always have high levels of glutathione in the body.

The amino acid precursor of the antioxidant glutathione is cysteine, which is found in the following foods (they are found in all, but in general if possible I recommend organic):

Meats such as pork, chicken or duck (possibly not from intensive farming)

Organic eggs and derivatives

Organic milk and derivatives such as cheese, yogurt

Fish such as cod and tuna

Organic vegetables and greens

Pasta (beware of gluten) or rice

Soy and derivatives, such as fermented tofu

Seitan

Dried fruit and seeds

Wheat germ and brewer's yeast.

It seems that cysteine is everywhere, so we should have a good amount of glutathione in the body, so why does it lead to a deficiency?

(NOTE: Vegans can sometimes be cysteine deficient)

Many toxic and harmful substances to which we are exposed on a daily basis require large amounts of glutathione for detoxification. Some of these substances are listed below:

- paracetamol and other pharmaceutical products;
- acetone, solvents, paint strippers;
- fuels and fuel by-products;
- heavy metals (mercury from dental amalgams, vaccines, tattoos), lead, cadmium, copper,

etc.);

- pesticides, herbicides;
- nitrates and other food preservatives of chemical origin (in cured meats, hot dogs, hams, mortadella, smoked foods, etc.);
- artificial sweetener aspartame;
- synthetic food colors;
- benzopyrenes (tobacco smoke, grilled foods, fuel discharges, etc.);
- alcohol;
- household chemicals (synthetically scented and colored detergents and softeners, air fresheners, mothballs, anti-mold, detergents and bleach, fertilizers for lawns and plants, etc.);
- household chemicals (non-stick coating of pans and pans, plastic containers and linings of cans and other food packaging);
- formaldehyde and styrene (photocopiers and toner printers);
- chlorine in the treated water;
- X-ray;
- UV radiation;
- electromagnetic fields (EMF);
- industrial pollutants.

Other external factors that reduce glutathione:

- diet poor in nutrients: in this case glutathione has to work hard to cover the missing or insufficient antioxidants and the lack of vitamins and minerals of glutathione cofactors compromises the synthesis and correct functioning of glutathione;
- too strenuous physical exercise: although it is not a toxic substance, it produces many free radicals inside the body;
- chronic stress;
- anxiety;
- depression;
- light pollution that lowers glutathione levels by suppressing the production of melatonin at night (night lights on the bedside table, street lamps);
- age: after 20 years, natural glutathione production decreases on average by 10% per decade in healthy adults.

Source: <http://www.immunehealthscience.com/what-depletes-glutathione.html>

That's why we need to supplement glutathione using NAC. N-acetylcysteine helps to form glutathione and the most important mechanisms of action are its antioxidant and anti-inflammatory effects. It helps treat respiratory problems by breaking down mucus, protects the liver and kidney, and has mood stabilizing / lifting effects.

Dosages between 600 and 1,800 milligrams of NAC per day appear to be effective. The 600-milligram capsules can be taken two or three times a day. There is evidence that 2,000 milligrams are safe for most adults.

It may not be safe for people with asthma, bleeding problems, or anyone taking nitroglycerin, including blood thinners and some blood pressure medications. In these

cases consult your physician before using NAC supplements to discuss any interactions.

I recommend buying it [here](#) or at a herbalist's shop.

## Vitamin D

Daniel Horowitz's article enlightens us on the importance of vitamin D: studies show that an aggressive campaign on vitamin D could have prevented almost all deaths from COVID.

A recent German study (37) found a linear relationship between vitamin D levels and covid mortality, and essentially, zero mortality for those with a D level above 50 ng / mL.

"At a cut-off level of 30 ng / mL, mortality decreases considerably. Furthermore, our analysis shows that the correlation for the combined data sets crosses the axis at approximately 50 ng / mL, suggesting that this blood level of vitamin D3 can prevent any excessive mortality. "

Studies have already shown that a person is 14 times more likely to die from COVID with vitamin D deficiency (38).

A meta-analysis of 23 published studies (39) containing 11,901 participants found that one who is vitamin D deficient was 3.3 times more likely to be infected with SARS-CoV-2 than one who is not deficient.

The reality is that most people's levels are below 30 and many are closer to zero, especially among the elderly population.

With studies showing no correlation between lockdowns, masks and "vaccines" and better outcomes in COVID patients, there are now 142 studies (40) that guarantee near-perfect correlation between higher vitamin D levels and better outcomes in COVID patients. For further information [read this article](#).

Many healthy people are deficient in vitamin D and glutathione, while sick people are very often deficient in both.

This connection between the two is because without vitamin D [glutathione cannot be metabolized properly](#), so if we want to improve vitamin D levels, it is highly recommended to take some NAC to improve glutathione levels - otherwise there is a risk. that taking vitamin D alone is not sufficiently effective.

I recommend [this brand](#) or we buy it in a herbalist's shop.

## Zinc

The next weapon in our arsenal is zinc which is actually present in all body tissues and is needed for healthy cell division. It acts as an antioxidant within the body, fighting free radical damage, supports immune function and resists infections. Zinc has numerous benefits and helps maintain heart health by supporting blood vessels, supports liver health, all of which are important against covid attack.

In fact, specific research indicates that zinc is useful for the prevention and treatment of SARS-CoV-2 (41), (42).

A new study (43) published shows that zinc picolinate at 10 mg, 25 mg and 50 mg per day works to "prevent and mitigate" the SARS-CoV-2 coronavirus.

In addition to all of the zinc benefits mentioned above, zinc is also a cofactor of glutathione - that's why it shouldn't be missing. Zinc deficiency is detrimental to glutathione metabolism and negatively affects glutathione concentrations in many cell types, especially red blood cells (44).

Zinc picolinate or citrate zinc are fine (they are cheaper), for those who can spend a little more I recommend the [colloidal version](#).

## Bentonite Clay

Next supplement, extracted from the earth and made from volcanic ash, Bentonite Clay is one of the most effective healing clays on the market today.

The natural form of bentonite clay is mainly composed of negative ions. When in contact with water, this detoxifying clay produces an electrical charge that attracts positively charged substances such as lead, mercury, cadmium, chemicals and other toxins - so it has a chelating function, meaning it eliminates heavy metals, precisely those inside the vials.

**That is why, thanks to its attractive force, bentonite could also be the best option for extracting the nanotechnological structures of the body.**

The 2 most commercially available bentonite clays are sodium bentonite and calcium bentonite. Sodium has a high negative charge and can swell up to 10 times its size when activated by water or liquids. This makes it highly absorbent (meaning it can attract even more toxins) and therefore is best for detoxifying purposes, however it swaps toxins for sodium, and overuse could create complications.

We will probably have to use bentonite for quite a long time, so I prefer to use the calcium variety, also because it has smaller particles that assimilate quickly into the bloodstream, leaving behind calcium and silica, and not sodium. It is a little less effective in detoxification than sodium bentonite, but it still remains an excellent vehicle for chelating and detoxifying the body.

Bentonite reduces excess hydrogen and provides more room for oxygen, which is important with 5G taking it away. It helps to increase our pH level, making urine, blood and saliva more alkaline. Clay helps boost probiotics in the body by removing harmful bacteria, toxins and heavy metals from the intestinal wall. In doing so, it helps improve brain function, boost immunity, and prevent malabsorption of nutrients from food.

Do not take bentonite clay with any medications. While it is unlikely to interfere with natural supplements, take bentonite clay 30-60 minutes apart or at a separate time from supplements. Drink plenty of water after taking it to avoid constipation. One teaspoon of

water morning and evening, but start with half a teaspoon the first week.

Can you already glimpse how all the supplements suggested so far for our purpose marry and complement each other well?

## Borax

The next substance is the most controversial and it is borax. Since this is only a guide, and not a book, I invite you to [read this article](#) on the conspiracy connected to borax, a very interesting reading in my opinion.

I think borax medicine is one of the most ignored, misinformed, or even suppressed medicines in our current society. The so-called medical authorities have done their propaganda so well that very few know that the toxicity of borax is about the same as that of simple table salt.

"Food grade" borax is not available or needed as all borax is the same and "natural", usually sourced in California or Turkey. Borax is commonly used as a household cleaner, it is non-toxic and does not contain heavy metals, and in very small doses it is very beneficial.

Borax contains boron, a trace mineral, which may be missing in modern diets. Restoring healthy levels of boron can improve a number of health conditions, and is quite alkaline too.

Its properties:

*It has antiseptic, antifungal and antiviral properties.*

*It is effective against Candida.*

*It is excellent for healthy bones, joints and various forms of arthritis.*

*Supplementing with boron increases testosterone and estrogen.*

*Converts Vitamin D to its active form.*

*Normalizes hormones*

*It improves vision, psoriasis, balance, memory, heart difficulties and cognitive problems.*

*Detoxifies fluoride, chloride and bromide.*

*Decalcifies the pineal gland and detoxifies the body of heavy metals.*

*Kills Demodex mites, which are responsible for acne.*

*It reduces inflammation in the intestines.*

*Makes vitamins more bioavailable.*

*Boron increases cognition and healthy brain function.*

*It is not recommended to take before bedtime.*

A German cancer researcher named Dr. Paul-Gerhard Seeger has shown that cancer commonly begins with the deterioration of cell membranes. Since boron is essential for cell membranes and boron deficiency is widespread, this can be an important cause for the initiation of tumor growth. Boron compounds have anticancer properties and are "potent anti-osteoporosis, anti-inflammatory, lipid-lowering, anticoagulant and antineoplastic agents" (45).

In [this article](#) we can find several scientific studies on boron and what benefits it offers us.

The two aspects of borax that particularly interest us are:

- its ability to clean the receptor sites of cell membranes. This is especially important for fighting spike (blood clot-producing) proteins as they bind to the same receptors (46).
- is one of the main ingredients to fight the Morgellons disease, which seems from the countless testimonies, the consequence of chemtrails. Over the years, our skin overlaps, at a level invisible to our eyes, a sort of nano film, which looks like our skin (but it is not), and which creates various symptoms.

Morgellons is the condition caused by the nanoparticles we're all ingesting via contaminated food (anything grown outdoors is full of nanoparticles) and inhaling these particles from the fallout of chemtrails. People who feel the symptoms and those who do not feel them depends on the amount of these nanoparticles activated within our body, i.e. the microwave radiation fields to which we are exposed, which cause these nanoparticles to self-assemble into networks inside the body and produce many strange things including fibers, crystals, a fungal skin lining, and neural assemblies within our body that envelop our DNA and nerve cells, neurons, etc. - basically chemtrails work a lot like the injections. Borax blocks this fungal growth.

For more information on Morgellons, I invite you to search online, because there is now a lot of information available, while I am only sharing [here an excellent article](#) on how to cure it.

The only vital substance I would add is the "debriding soap", which we will see later. So as a prevention to this disease I would use borax, because for now we are "obliged" to eat and drink nanotechnology everywhere.

NOTE: When borax is consumed, it appears to work synergistically with magnesium.

Dosage: The most convenient way to take it is to mix a tablespoon of borax in a liter of water, and take 1 or 2 tablespoons a day as a prevention. I prefer to mix it in a glass of water, morning and evening, together with a tablespoon of [organic apple cider vinegar](#).

### Debriding soap

The Nature's Gift Debriding Soap, on the other hand, was created to calm skin itching and fight skin parasites. Cleans deeper than any other substance or enzyme. Not only does it clean the pores of the skin, but angstrom (nano) sized particles clean between the cells that make up the pores so that the skin can function more normally, so ideal against the Morgellons or any symptoms we have caused by chemtrails and inoculations.

The disadvantage of this soap is that ideally it should be used in a tub, however it is impractical or impossible for many people, while as a prevention it can be used by spraying it after a shower, but you have to wait for the skin to dry completely, which is not always easy in the winter, but at least let's use it in the warmer months. We can buy it [here](#) or in this [online shop](#) (the price of up to five bottles has the same shipping costs as if we were buying one).



## Liver cleanse

The liver is the largest organ in the body (after the skin) and performs over five hundred vital functions. It helps resist infections by producing immune factors and is the main organ responsible for detoxification. In order to consistently eliminate nano attacks, we must have this organ in top condition, and I recommend Andreas Moritz's protocol to clear the thousands of stones we all have without realizing it:

<https://www.davidwolfe.com/liver-gallbladder-flush-protocol/>

(Chanca Piedra can also be used instead of apple juice)

Detox once a month for a minimum of six months, and up to 12 months. When no more stones come out twice in a row, it means that we have thoroughly cleaned the liver and then we can move on to a maintenance cleanse once every six months.

## Rice bran

In general, I also recommend a super food to guarantee the body the necessary nutrients to better deal with the heavy situation in which we are living between chemtrails, pollution, negative electromagnetic waves, GMO foods, plastic water, food from intensive farming, micro plastic present in fish, heavy metals everywhere and now injections as well.

Probably many people already use a few supplements, and have their own favorite - I am happy with rice bran, which is difficult to find in Europe, but it is a complete food with a cheap price and a more than acceptable taste. I also like it because it contains DMG (we'll see what it is for later), alpha lipoic acid (converts to glutathione (47)), contains vitamin E (anticoagulant effect) and good levels of magnesium.

The only aspect where we have to be a little careful is not to exceed 10-15 grams per day because it contains a certain amount of arsenic. For further information, first read [this article](#) and then [this](#). I only found it in Germany and you can buy it in [this online shop](#).

Valid alternatives could be green supplements such as chlorophyll, spirulina or moringa.

So far we have listed a number of supplements for both the inoculated and the uninoculated, namely:

**Pine needle tea**

**NAC**

**Vitamin D**

**Zinc**

**Bentonite clay**

**Borax with organic apple cider vinegar**

**Debriding soap**

**Liver cleanse**

**Rice bran (or any super food suitable for our needs)**

I also add to consume saturated fats because they strengthen our cell membrane, and as

options we have coconut oil, ghee and cod liver oil, while avoiding as much as possible (or strongly reduce) coffee because it blocks the processes of detoxification in the liver.

## DMG

Now I would like to add a few more substances that are a little more specific for those who have taken the serum, starting with DMG or vitamin B15 or dimethylglycine. This supplement improves oxygenation and acts as an antioxidant for cells, but they can do so much more. It is known to boost the immune system and also act as a powerful antiviral, antifungal and antibacterial agent.

People with cardiovascular problems benefit greatly from DMG, also because it works as an anti-inflammatory agent. Useful for autoimmune diseases, that is, it helps regulate the body's immunity, and pushes the lungs to work better, improving breathing, a recurring problem with the "covid" effect.

But the most important aspect of DMG is revealed by Dr. Judy Mikovitz: DMG is a methyl donor that blocks the mRNA in the cell from producing spike proteins by placing a methyl group on top of the cellular DNA and ordering not to send that message again. It therefore helps restore balance and stops the production and dysregulation of your mRNA messenger from your DNA.

If you would like to buy this supplement you can visit this [online store](#) or you can find it in a herbalist's shop.

## Parasitic and Hydra treatments

For getting rid of the *Trypanosoma cruzi* parasite I recommend resveratrol, which is a naturally occurring polyphenolic compound found in red wine, red or purple grapes, some berries and dark chocolate. Research from 2016 (48) found that low amounts of resveratrol kills this parasite, but be warned: this *Trypanosoma cruzi* has been genetically modified, so at the moment no one knows 100% if this substance (or others) really eliminates it. For this I would also use a zapper.

You can buy resveratrol [here](#) or at a herbalist's shop.

The zapper is a small device invented by Dr. Clark. It electrically kills parasites, bacteria, viruses, molds and fungi, which disappear in minutes. A very low voltage of 5 to 10 volts is sufficient. It kills parasites and bacteria wherever the current reaches them, but does not reach the eyes, the appendix, the testicles, the bones of the inner ear. The current travels along the stomach or intestinal wall, not through its contents, it enters our lymphatic and vascular system, a small fraction reaches every organ and tissue of our body.

I personally use the Ultimate Zapper, which with [over 1000 testimonials](#) is in my opinion the best, but other zappers also work. For those wishing to use it, you can visit me privately during a wellness holiday in the Canary Islands.

If you are pregnant do not use Ultimate Zapper. The toxins produced by zapping parasites could cross the placenta and enter the fetus. Additionally, mercury could be mobilized from

the mother's silver amalgam fillings and enter the fetus. This could affect the health of the unborn baby.

If you need to eliminate *Trypanosoma brucei* I recommend using *Artemisia Annua* (49), which is useful against *Trypanosoma cruzi* (50), always combined with a zapper if possible.

You can buy *artemisia annua* [here](#).

NOTE: Sexual activities with an inoculated person expose us to parasites, which are easily transmitted, and to graphene oxide and various chimeric substances.

Instead if we want to eliminate the hybrid *Hydra Vulgaris*, we can try betel nut, used to kill the *Hydra* in aquariums (without harming the fish) where it proliferates very easily. Betel nut is a stimulant: chewing it produces a temporary feeling of energy, euphoria and well-being (6x more potent than caffeine), possibly due to the alkaloid content that triggers the body's adrenaline production.

Betel nut is a nerve and slightly astringent tonic  
It supports a healthy reproductive system and supports a healthy heart.  
It promotes digestion, so it is used by people after meals.

It has always been used in ayurveda, but you need to be careful about its use and it must only be for a very limited time to avoid possible side effects. [Read this article](#) for more information.

I found it in Germany:

<https://www.extrakte.eu/betelnuss-1/>

And in the USA:

<https://www.worldseedssupply.com/product/areca-catechu-betel-nut-100x-extract/>

<https://herbsforever.com/product/betel-nut/>

## Regulatpro

Regulatpro is produced by a German company pioneer in the development of natural herbal remedies with over 80 years of experience. It is a fermented liquid concentrate made from 15 types of fresh fruit, nuts and certified organic nutritious vegetables.

The liquid concentrate is obtained through Cascade Fermentation, a multi-stage fermentation technique considered the pinnacle of fermentation due to its uniqueness around the world. Through this EU patented dynamic fermentation method, which takes 6 to 12 weeks, all ingredients are reduced to their smallest molecular parts and the valuable substances are highly concentrated, in a form that can be absorbed immediately by the body.

Concentrated nutrients obtained through Cascade Fermentation:

- Protein broken down into amino acids, di-, tri- and oligopeptides.
- Antioxidants (polyphenols, flavonoids): More than 500 types of antioxidants are released and concentrated so that they can be fully utilized.
- Probiotic components (peptidoglycans).
- L (+) lactic acid: helps to rebalance the bacterial flora in the intestine.
- Minerals

Their activated forms are able to function as a "taxi" to "carry and transport" the nutrients in our body, directly into our cells. Regulatpro increases the body's absorption rate by up to three times.

Helps to:

*prevent disease*

*promote the healing processes in all diseases with amazing results*

*rejuvenates and revitalizes*

*support for the expulsion of harmful substances*

*acid-base regulation*

*accelerates the metabolism*

*regulates the hormonal system*

We can buy it at the [official website](#).

To summarize the more specific products for those who have injected themselves, in addition to those mentioned above, we add:

**DMG**

**Resveratrol**

**Artemisia Annu**

**Regulatpro**

Obviously they can also be used by those who have not been inoculated.

Two other optional supplements I suggest are Vitamin C (a certain amount present in pine needles and Regulat) and magnesium (present in rice bran and Regulat), because they are often deficient and complement the supplement list perfectly.

**Warning:** If we are pregnant or taking any medications, always consult your doctor before taking supplements.

**Note for those who live in the Canary Islands:** if we cannot send any products from Europe to the Canary Islands, or we want to avoid customs complications, I recommend using the [elloggers service](#).

If you are interested in a personalized consultation with me via whatsapp, [click here](#).

## Vibrational Therapies

*"It has been rediscovered that almost every microbe (a cellular organism, bacteria, fungi and virus) has at least one ultrasound frequency that can easily destroy the microbe."*

~ Gary Wade, physicist and inventor

### Rife

What is a Rife machine? Rife machines are ultrasonic devices invented by Raymond Royal Rife, which emit audio or radio frequencies applied to an individual with the intent of improving health by influencing the body to make chemical changes.

A Rife machine supposedly works on the principle of sympathetic resonance, which states that if there are two similar objects and one of them is vibrating, the other will also begin to vibrate, even if they don't touch. (the concept of the tuning fork)

All matter vibrates (that vibration is what we call frequency) and the vibrations are specific to the type of matter and what it is made of. Each organ in the body has its own specific frequency, each bacteria, virus, parasite, fungus, etc. The Rife emits specific frequencies, depending on what we want to treat, to eliminate the health problem.

[Here we can see a video](#) showing how the Rife machine kills bacteria.

Obviously it would become a complicated expense to buy a Rife machine, but I found an app online called iRife Detox app for only 4.99 euros, and which emits frequencies for general detoxification, candida, chemtrails, liver cleanse and the lymphatic system. Note: the frequency is not pleasant to listen to.

### The Frequency 432 Hz

Another vibrational option is to use the 432 Hz frequency coupled with subliminal messages focused on eliminating nanotechnology in the body.

Before 1885 the standard tuning of music was 432 Hz, not 440 Hz as it is today. In fact, researcher and musician Ananda Bosman proved that instruments discovered in ancient Egypt used this tuning. Then there are the Stradivarius violins, which were built between the end of the 17th and the beginning of the 18th century and today are worth millions, thanks to their superior construction and sound, thanks also to being calibrated on the 432 Hz frequency.

The natural vibration of 432 Hz was used by Mozart and the Italian opera composer, Giuseppe Fortunino Francesco Verdi. Sound researcher Jamie Buturff, with the help of a tuner, Korg, found that Tibetan bells and other instruments of Tibetan monks were tuned to 432 Hz.

432 Hz is believed to have the potential to synchronize both hemispheres of our brain: the logical and analytical left brain and the creative and intuitive right brain. This creates what scientists call "whole brain synchronization," maximizing our potential as thinkers, artists and spiritual beings.

Other music scholars have revealed further compelling evidence that 440 Hz is not ideal and that by being inharmonious they are potentially contributing to the internal and external conflict of the modern world.

Unbeknownst to us, it is stifling our intuition, hindering our creativity, cutting us off from our spirituality and making us more antisocial.

A = 432 Hz, known as Verdi's "A" is an alternative tuning that is mathematically consistent with the universe. 432 Hz based music conveys beneficial healing energy, because it is a pure math tone fundamental to nature.

The greatest musicians, such as Mozart and Verdi, based their music on the natural vibration of A = 432. It is true that it is only 8 vibrations per second different from the standard tuning, but this small difference seems to be notable for our human consciousness.

Music tuned to 432 Hz has been shown to be softer and brighter, offering greater clarity and easier on the ears. Many people experience more meditative and relaxing states of the body and mind when listening to this music. The natural musical tone of the universe gives a more harmonious and pleasant sound than 440 Hz.

Music based on 440 Hz represents stuffed emotions and blocked energy. By lowering the pitch by just 8 Hz, we become more flexible and spontaneous. Tuning to 432 Hz frees our energy and takes us into a wonderful state, where relaxation is natural.

We try to listen every day, several times a day if we want / can, or at least before going to sleep, [this audio at 432 Hz](#) with inserted subliminal phrases that give us a command to the body to heal itself, getting rid of nanotechnology.

## 5G protection

Since the body is like an antenna, sending and receiving information (from nature, people, the sun, etc.), we are even more susceptible to the symptoms of cell towers and cell phone radiation if we have too many heavy metals in our body. Anyone with heavy metals in their body is "toxic," although a hair, blood, or urine test may not show it.

The absolute fact is that we are a living antenna: we send and receive information. It is now easy to understand how heavy metals in our body can amplify or reduce symptoms. We are more susceptible to receiving harmful radiation from cell phones, cell towers, etc. due to our level of heavy metal toxicity.

If we have accumulated toxic metals in the brain and because our brain is an antenna, we can actually receive more radiation from cell phones, which in turn can cause the microbes in our system to overreact and create more potent mycotoxins. This can create an endless vicious circle between the microbes and metals in our body and our exposure to electromagnetic fields, which can lead to hypersensitivity. This is why it is important to take some chelating supplement, or a detoxifier of heavy metals such as bentonite.

Dr. Robert Becker, in his book *Cross Currents*, found that when you expose a bacterial

culture to abnormal electromagnetic fields, the bacteria believe they are being attacked by our immune system and start producing much more virulent toxins as a protective mechanism.

Plant foods such as beans, nuts and grains tend to be rich in copper, and a higher copper content than zinc can dispose us to electromagnetic sensitivity.

A heavy metal, which has a strong impact on our response to electromagnetic radiation, is aluminum, with an electrical conductivity only slightly lower than that of copper. Marijuana, while an excellent covid remedy, is a source of aluminum. People can absorb up to 3,700 micrograms of it, which is a significant risk factor for neurodegeneration and vaccinations, especially the latest HPV Gardasil 9. 23 (C Exley et al, "Aluminum in Tobacco and Cannabis and Smoke Related Disease, "American Journal of Medicine 119 (2006): 276.e9-276.e11.)

So how can we protect ourselves from the harmful radiation of wi-fi?

- detoxify the liver and use chelating substances;
- drink distilled water: all heavy metals and toxins have a positive ionic charge, and if you drink distilled water, which has a negative ionic charge, the heavy metals will bind to the distilled water, and then are safely carried out of the body;
- avoid as much as possible to keep the mobile phone attached to the head or body. At night keep it in another room, away from the bed;
- turn off the wi-fi router when we do not use the internet at home;
- if we have a cordless telephone, keep the base station away from places where we often sit or rest;
- practice grounding, or the practice of walking barefoot in contact with the earth. Grounding helps reduce the damage from electromagnetic waves amplified by graphene oxide, so I want to dwell more on this practice, which costs us nothing.

If we take off our shoes and walk barefoot, this allows us to synchronize with the earth's natural electrical charge. According to the latest studies (51), walking barefoot has a major impact on health: it reduces inflammation, improves sleep, increases antioxidants, reduces chronic pain, improves breathing problems, reduces hypertension, decreases stress, improves blood glucose level and activates the immune system response (52).

The biophysical practice of the bare foot creates an equalization of the electrical potential of the organism with that of the earth. Our planet is a living organism that naturally recharges us with energy when we physically get in touch with it.

Walking barefoot has gone from being a trend to a scientifically studied practice, with a number of significant health benefits. The results of these studies are showing that the health benefits come from the relationship between our bodies and the electrons in the earth. Our planet has its natural charge and it seems we are better off when we come into

direct contact with it (it doesn't work if we simply walk home barefoot - contact with the earth is required).

Manuel Lezaeta Acharan, founder of natural medicine and thermal doctrine, recommended his patients to walk barefoot at least 5 to 10 minutes a day and then take long walks, especially in the hills.

Acharan stated that walking barefoot on earth is a fortifying practice of the nervous system, because while it causes unhealthy substances to be expelled through the feet, it purifies and facilitates the absorption of magnetic and electrical currents from the atmosphere, through our body (53) .

The earth's surface has an unlimited and continuously renewed supply of free electrons. This means that the Earth can create a stable internal bioelectric environment for the normal functioning of all body systems.

There is growing research showing that this connection to the Earth's surface plays a vital role in disease prevention and offers a range of benefits, from improved sleep to reduced pain.

The abundant free electrons of the ground are able to enter the body, which is electrically conductive; through this mechanism each part of the body can balance itself with the electrical potential of the Earth, thus stabilizing the electrical environment of all organs, tissues and cells, thus literally discharges the accumulation of electromagnetic waves such as 4G and 5G - let's remember that it is accumulation is the most dangerous aspect we must avoid, not absolute protection which is impossible for how we live today.

An alternative to walking with bare feet is to simply sit on the ground with your bare feet in contact with the ground, but in this case we must remain seated for at least 20 minutes (we can feel when we are completely discharged).

- talk to neighbors: if we have neighbors open to this discussion, we try to agree to keep the wifi router off at least at night (the apartment neighbors on the side, above and below). If they are unwilling to reevaluate the dangers of electromagnetic waves, let's try to say that we have found that we are sensitive to wai-fi and that to cure ourselves we need to turn off the nearby router at least at night - if we are on good terms with them, it should be possible to reach an agreement;

- avoid using smart wristwatches connected with wi-fi;

- use a specific pendulum for EMF protection to shield ourselves wherever we are, especially at work, when we are in the car, shopping or traveling. There are many, and honestly I have tried several over the years and no one has convinced me 100% so far. My choice remains this: [http://microalpha.com/peace\\_ball.html](http://microalpha.com/peace_ball.html)

- use EMF protection for the whole house or apartment: <http://microalpha.com/index.html> (Canadian company with 30 years of experience and offer non-invasive protection and with easy installation up to 7G)



- (optional) sleep in a bed with deep anti-aging, detox, regeneration and EMF protection effects: <https://antiagingbed.com/products/quantum-3000-bio-medbed>

## PARTE N°3

### A Holistic Viewpoint to Win the War and Create our New World

Large numbers of people have been mesmerized by fear, threats, lies and bribes to accept the official media version of COVID-19. Many millions of people move into a trance state and do not know it, because they have been induced into this state by a long-time well-organized and very sophisticated propaganda campaign down to the smallest detail, leveraging human fear of death and the disease.

Who is behind it has undoubtedly studied the important incidence of hypochondria, the attachment to the (false) security of the system, the level of naivety in the general population and the fear of an invisible "virus" in societies where the belief in God and the spiritual invisible side have been replaced by faith in science. Knowing their audience well, they have engineered a campaign of fear, manipulation and confusion to induce obedience and sacrifice in the name of the common good.

This mass hypnotic manipulation has a name in psychology: mass formation.

To achieve this mass formation, four conditions are required:

- 1) make people feel more lonely and isolated (smart phones, social networks, junk TV programs)*
- 2) that their life loses a deeper meaning (smart phones, social networks, junk TV programs)*
- 3) feel constant anxiety without understanding where it comes from (always conflicting and negative news, general malaise in society, poor management of the government)*
- 4) feel a constant sense of frustration and aggression without understanding where it comes from (always conflicting and negative news, malaise in society, mismanagement of the government)*

The consequence of these four conditions is a growing desire for a remedy, even if it were absurd and destructive, and these conditions were realized in 2020 with the lockdowns and its consequences. The moment was ripe to accept the "solution" of genetic therapies, which gave them a sense of solidarity and responsibility.

Fortunately, about 25% of the world population fails to be hypnotized, meaning that hypnosis techniques do not work even therapeutically with a hypnosis expert. Today it is speculated that around 30% of people are deeply hypnotized and cannot back down, they experience covid as if it were religious dogma and are eager to inoculate themselves with the next vaccine - these people drive alone in their car with masks, do physical activity outdoors with a mask and perceive the no vax as irresponsible beings and as a threat to humanity.

Then there is 40% of people who will follow the flock, so where the majority goes, they follow.

The remaining 30% see the situation more openly or clearly, and resist mass hypnotic manipulation.

In order for the mass formation to be completed, they must constantly keep us under a situation of alert (new variants) and stress (news of deaths, high number of infections, reduction of freedom, loss of work and various obligations).

The non-hypnotized 30% does not have much influence on the deeply hypnotized 30%, but we are able (I say we are because if we have read the guide until this point, I imagine that we already have our eyes open or that we are opening them now) to influence the 40 % of the flock, because we must become part of the flock, that is, we must become the mass to win this war.

The means to sow awareness in people is to instill a healthy doubt by sharing our point of view, and that is why this guide was written: to facilitate this process a little.

"They" will try to create more conflict, more violence, more restrictions, more obligations to reinforce the state of fear, and therefore the desire for a remedy (which will never come). To see a short video with these reflections, [click here](#).

Doesn't all this sound like an attack on the mind and human emotions?

In truth it is something more: it is a war that is played on a spiritual level, that is, on an invisible level because thoughts and emotions are not seen, only their effect is felt, with or without awareness.

The attack we are experiencing worldwide does not start from a cabal or from a group of financial, banking, political and technocratic powers - it does not start from the physical level of this dimension, but from a level that manifests itself before reaching the physical: the mental or spiritual plane.

Let's imagine a personal project: first we have to think about it, and then we can manifest it in the physical world. The thoughts we have harbored create the reality that we will live in the near future.

This "pandemic" was first created in our minds through news, fear, which then triggered in us the desire to solve, or to manifest the solution in reality (injections, masks, social distance, etc.)

So the war should be fought not only on a physical level, because if we do it only on this level, we are only working on the consequences of thoughts we had before, and this forces us to always work on the consequences of past thoughts of the mass instead of the real cause. - the thoughts that gave rise to the world problem, and that continues to do so every day.

And how can these thoughts be changed?

It sounds impossible and complicated - nothing further from the truth, it is actually simple, and from a certain point of view also a bit enjoyable and highly beneficial for those who practice it. It is only necessary to understand how the mechanism works and then the action to be performed becomes very clear.

Meanwhile, we must become aware of the enormous difference in power between truth and lies. How many times has it happened to us to tell even a small lie and feel a little uncomfortable, anxious or tense?

This is because the lie is linked to the fear of being discovered, and the fear comes from our conscience that observes us, and which is strictly connected with the evolutionary level of our soul / spirit, which does not feed the lie, but the truth.

That is why it is very difficult to make 30% of hypnotized people see another point of view - because they have not yet developed a consciousness sufficiently tied to their soul, and are more easily manipulated.

The lie, therefore, being linked to fear, weakens our security and our inner strength. Just do a simple experiment in applied kinesiology where the arm extends to one side and the kinesiologist invites us to tell a simple truth like eg "I am a woman" and the kinesiologist will push the arm down. If the sentence is true (if we are a woman), the arm will remain strong despite the pushes down, if it is false, with the same thrust the arm loses strength. This technique has now been pioneered by millions of people around the world and it works because the answer does not come from the mind, but from the subconscious truth, which is connected with the truth (soul / spirit).

So the truth gives us strength, much more than a lie. Let's connect this now with spirituality.

The lie is related to the darkness, while the truth to the Light. If we let darkness and light "enter" a room, we will have light in the room. Darkness is only the absence of light, that is, the absence of awareness.

What is the manipulation of the covid event based on? On the lie, on the concealment of the truth, on the lack of awareness, because they know that the truth, if it comes out, is much more powerful, and sweeps away all the darkness and consequently all the staging of the covid.

Having understood this concept and how much strength the truth has, let's see how to apply it in our struggle to realize our new world, that is, a world where we can all live in freedom, with harmony and love, without the weight of darkness.

## **Actions towards Freedom**

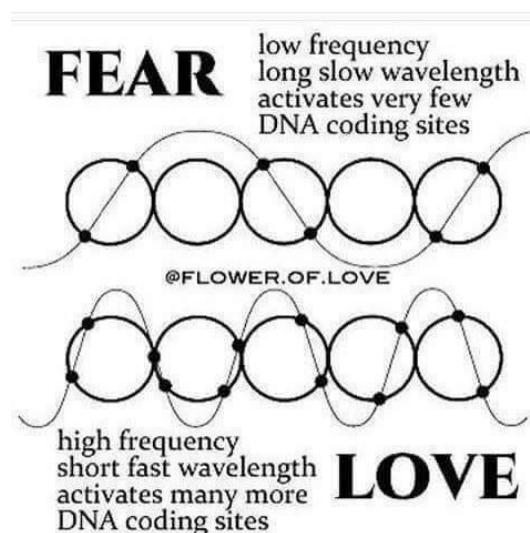
The actions to which I refer are those that work upstream of the problem, therefore to the cause of the reality that we are experiencing today, but which we would like to modify in the near future - working on the thought level.

Our task is to weaken and literally wipe out the invisible energy of the lie, which teems with many other dark thoughts in the collective unconscious. We are all connected to this collective unconscious like antennae, and we influence each other at the level of thought and therefore of behavior. The collective unconscious, first coined by Carl Gustav Jung, is now supported by over 600 studies conducted in over 200 universities in 30 countries around the world (54).

We imagine the collective unconscious as a huge energy field, which envelops the whole Earth and every human being feeds it with their daily thoughts and emotions. The effect of the energy of the collective unconscious on our minds depends on the quality of the thoughts inserted into the energy field. If the majority of humanity feels fear and anxiety, living a lie, this energy will strengthen and affect the thoughts of all humanity. Then of course it depends on our degree of evolution and personal awareness if this field of thoughts influences us to such an extent that we lose the ability to reflect objectively.

The doubt that may now assail us is how can we overcome or change the content of the energy field if the vast majority feed the fear, anxiety and beliefs that fuel the pandemic?

There are basically only two human emotions: love and fear. Feelings and beliefs are subsets of one or the other. As in all things, these emotions have specific vibrations, from the highest to the lowest vibration. If we were to look at them as a wavelength, we would see that the vibration of fear is dilated ... the rise and fall of the wave happens very slowly. The vibration of love would instead have a wave that rises and falls more often in the same duration of the frequencies, because it has a higher frequency.



Fear is a long, slow wavelength and activates very few of our DNA antennas (each cell is an antenna), which connect us with the cosmos. It is the disconnection with our truth, with who we are (spiritual beings), that creates the disease.

Love is a short and fast wavelength that activates many more antennas and reconnects us with all that is, and this is where psychosomatics is based, where thoughts of acceptance, forgiveness and love heal diseases. Illness heals itself with a higher vibration, love, and love is always represented by Light.

The HeartMath Institute has recorded that the heart (source of love, light, truth) is approximately 60 times larger electrically and up to 5,000 times stronger magnetically than the brain (source of fear and lies, if we lack spiritual awareness) . This awareness places the brain relatively weak compared to the heart (55) (56).

Basically love, or light, is immensely more powerful than fear (lying), so a single person who consciously emits light is more powerful as an effect than thousands of unaware people in fear. It is enough to look at the scientific experiments of Transcendental Meditation (54) to see how a small group of people connected with light modify the behavior of entire cities in the USA.

In 1972 there were a number of cities in the United States where 1% of the population had learned the Transcendental Meditation technique. For 11 of these cities another neighboring city was chosen with comparable demographic variables (geographic location, population and student population) in which TM had not yet been learned by 1%. These served as a control city. Then the crime statistics were requested from the FBI and compared.

Statistics showed that in the 1% cities there has been a significant decrease in crime since 1972, both compared to previous trends in the same city, and compared to the control cities. There was a decrease in the number of crimes of 16.5%. Compared to the general trend in crime in the United States, the decrease was even greater, at 18%.

As we can see the light, with a sufficient number of people, can reduce or wipe out the darkness from the collective unconscious, allowing more unconscious people to more easily change their thoughts (it opens the mind that helps evade the usual patterns) and therefore change attitude.

People in the herd group would suddenly have more access to a collective unconscious, that is to an energy field to which they are constantly connected, with a greater amount of light and would have access to a different awareness, so hypnosis would have less effect, and they would have the ability to perceive differently the covid situation.

What effect would it have if only 1% of us practiced a simple technique with light?

What if we were at 5%?

As we can see there is no reason to worry if "we are still few" because those "few" are actually millions and millions due to the effect they can create with the right mental attitude.

This is why I believe that it is very important to participate peacefully in local protests, because on a physical level we have to make ourselves heard, remain united, but how much more effective would the protests be if we could also use light instead of just shouting "Freedom, freedom, freedom!"?

The technique is easy: simply while we are present in the crowd we begin to visualize light everywhere. We start by imagining an immense column of golden white light coming from the center of the Universe upon us, an energy that protects, nourishes and strengthens us, and when we see ourselves filled with Light, we begin to expand the light and see it everywhere: in people, in buildings, trees, in the air, and we can mentally say, for example, "May the Light purify the collective unconscious of humanity and all the energy field in which we are immersed on Earth, that it may bring harmony, joy and love to all, eliminating any opposing force".

Let us do it with love and gratitude, since it is a great blessing to be able to be at the service of Good and to be able to make a small but important contribution to the construction of the New World.

NOTE: We always use the energy that comes to us from the Universe, and not the personal one - this would make us tired or energetically vulnerable, but if we use the Infinite Energy Source of the Universe, we will feel regenerated, harmonized and at peace with ourselves and the world.

Giving (or visualizing in this case) is receiving, because when we give, that giving must first go through us before it reaches others, so we feel and receive a lot of light (love).

By practicing this technique regularly, you actually receive much more than you give, which is why I not only recommend practicing it while we participate in a demonstration against the regime, but also while we are at work, while shopping, while we stay at home, while we are in the shower - over time we will be able to practice it even while talking to people (while listening to them).

If we want to see this practice through an interpretation aka the film Matrix, we are like little Neos who see the codes of the Matrix (the light and the invisible world where lies harbor) where we use our divine ability to visualize in order to eliminate the Smith agents and the sentinels.

So if we don't work spiritually with light, and only fight physically with protests, legal complaints and sharing information about the corrupt government's true intentions, it's like removing a symptom with a drug, but it doesn't solve the problem upstream. Even if we win like this, we risk obtaining a temporary victory, because we have not eradicated the evil at its root (the invisible world, the collective unconscious).

The visualized light sweeps away the darkness that clouds people, hypnotizes them, keeps them in a low level of consciousness and fails to access the truth. Removed the dense cloak of unawareness and here they connect and by themselves they begin to change their minds, opening their eyes.

Another important internal practice in order not to feed the collective unconscious with negative thoughts and emotions is the management of news, whether it comes from conventional or alternative media. Any news we watch and that we react with anxiety, fear, judgment or anger, it means that we allow the opposing forces to create in us weakness, uncertainty, conflict and so we unconsciously feed the energy they feed on.

If we are still watching the news on the television, we must avoid it as much as possible because it poisons our minds with lies, anxieties and general negativity. We ignore the negative news, or if we read them we must be detached, or even better, we send light or love to that news, because in this way we have protected and transformed our energy, which is what feeds the collective unconscious.

Indeed, negative news should be used to remind us to radiate more light during the day, gratefully accept the news, and send light and love to our surroundings and / or the world. It doesn't matter if that news will become true, because we will handle it when the time comes - now we need to focus on maintaining faith, a positive and strong mind, and a high vibration.

Words also have an important weight on an invisible level, and then on a physical level. If we keep using the word vaccine for something that isn't, we are holding the energy of lying. We avoid using the word vaccine as much as possible and rather use the word injection, serum, inoculation, biological weapon or at the limit experimental gene therapy. Same thing goes for the word green pass - what a lie! As it has already been correctly coined, it is a Nazi pass, a pass that discriminates according to who obeys (or yields) to the pressures of the media and the government and who does not.

Of course we don't have to get extreme in the use of words, and we use the words vaccine or nazi pass wisely - we don't need to create more conflict and separation.

As I said at the beginning of this guide, it is essential not to separate judiciously, not to divide people into vax and no vax, and now we can better understand why - why we create and feed this thought of judgment and separation in the energetic field of the collective unconscious.

And we always keep in mind that there are many people who have inoculated themselves to keep their jobs, to protect their children, and maybe they are people who disagree with what is happening, but they could not do better.

It is our duty to respect and nurture understanding and compassion even in these cases. Feeling compassion does not mean thinking "poor he / she who injected himself", it is rather understanding his plight, his conflict and his fears, and sending light and love in silence, and with an energy or attitude of welcoming and brotherhood.

**Participating in organized protests is another action that we cannot ignore.** If we always work on the day of the event or if we are in circumstances that we really cannot change, patience, but those who can, it is vital to organize their lives to participate, because being in the midst of people who think like us gives us strength, courage, positivity, and we also feel we are doing something concrete for the future of humanity. Also there are many people watching us and we need to be an example with the right attitude.

If we don't make this participation a priority in our life now, when will we do it? Until what point must we get to act?

We must ACT, because if we indulge these psychopaths with their projects, apart from being indirectly accomplices, early death is practically guaranteed, and for the few survivors who will have the ability to resist and adapt to all nanotechnological injections, a life awaits them without no freedom, not even having autonomous thoughts and emotions, becoming a cyborg connected to the internet, slave of the system, while if we fight together we can nourish the hope, and then the certainty, that if there are many of us acting together and in the correct way, we can win this third World War.

What do we prefer one day our grandchildren talk about us?

(obviously this question is not addressed to those who sincerely cannot participate in the events at the moment)

There are certainly several other actions that can be done or organized, but here I wanted



to expose only those that I consider to be the most important, and some barely discussed and applied, namely:

- **connect with the Light and visualize it around us and wrap the world with it so that the collective unconscious is purified;**
- **react with detachment or use negative news as a means to remind us to emanate more Light, and not judge or feed heavy thoughts or emotions;**
- **unite people instead of separating, both at the level of thought and actions;**
- **call things for what they are: injections and nazi pass;**
- **participate peacefully in demonstrations;**
- **legal actions (I leave these to the experts in the field);**
- **spread the truth, inform people who are not yet fully aware of what is happening (always use tact, respect and discernment!). Spreading the truth, communicating it, means reducing the lie in the collective unconscious, and therefore allowing everyone to awaken more easily.**

Since they want to reduce the world population with these serums, turn us into a sort of hybrid humans who are constantly connected with the world of the internet and artificial intelligence, also pushing children inoculations, it becomes clear that this is not a war. against two nations or against two parts of the world - this is a spiritual warfare where criminals dare to change the Creation (our DNA) by deception, take us away from the possibility of connecting to our divine side (love) in order to connect us with a virtual world.

If we not only want to win this war, but if we want to prevent history from repeating itself after two or three generations, we must enter the spiritual aspect and fight with our inner spiritual weapons - such as visualizing the light. The New Age world, with its pros and cons, has been talking about the role of the Warriors of Light in making the New World for decades, and now is our time to act.

Someone will practice light visualization 5 minutes a day, someone half an hour, others more - any amount of time is fine, as long as we are constant and practice it until it becomes so enjoyable and nourishing, that we feel we want to do it as a spontaneous daily ritual.

Thank you for your time and for reading this message. If you are interested in learning more about the techniques to clean and modify the energy field of the collective unconscious or practice it together in groups, [contact me here](#).

If you believe this guide is useful, please pass it on, also because this message of truth will enter with greater force in the collective unconscious, sweeping away more and more lies and darkness.

*(this guide also exists in Italian and Spanish)*

Together we can do it!

Love and Light,  
Aliàsh Vàupetich

Message from dr Robert Malone:

### **Before You Inject Your Child**

My name is Robert Malone, and I am speaking to you as a parent, grandparent, physician and scientist. I don't usually read from a prepared speech, but this is so important that I wanted to make sure that I get every single word and scientific fact correct.

I stand by this statement with a career dedicated to vaccine research and development. I'm vaccinated for COVID and I'm generally pro-vaccination. I have devoted my entire career to developing safe and effective ways to prevent and treat infectious diseases.

Before you inject your child - a decision that is irreversible - I wanted to let you know the scientific facts about this genetic vaccine, which is based on the mRNA vaccine technology I created:

There are three issues parents need to understand:

- The first is that a viral gene will be injected into your children's cells. This gene forces your child's body to make toxic spike proteins. These proteins often cause permanent damage in children's critical organs, including
  - Their brain and nervous system
  - Their heart and blood vessels, including blood clots
  - Their reproductive system
  - And this vaccine can trigger fundamental changes to their immune system
- The most alarming point about this is that once these damages have occurred, they are irreparable
  - You can't fix the lesions within their brain
  - You can't repair heart tissue scarring
  - You can't repair a genetically reset immune system, and
  - This vaccine can cause reproductive damage that could affect future generations of your family
- The second thing you need to know about is the fact that this novel technology has not been adequately tested.
  - We need at least 5 years of testing/research before we can really understand the risks
  - Harms and risks from new medicines often become revealed many years later

- Ask yourself if you want your own child to be part of the most radical medical experiment in human history
- One final point: the reason they're giving you to vaccinate your child is a lie.
- Your children represent no danger to their parents or grandparents
- It's actually the opposite. Their immunity, after getting COVID, is critical to save your family if not the world from this disease

In summary: there is no benefit for your children or your family to be vaccinating your children against the small risks of the virus, given the known health risks of the vaccine that as a parent, you and your children may have to live with for the rest of their lives.

The risk/benefit analysis isn't even close.

As a parent and grandparent, my recommendation to you is to resist and fight to protect your children.

Links to the individual VAERS records of the 51 children who died following a Pfizer injection (data as of December 17, 2021):

1. 5 month old boy, 1 day after Pfizer, breast milk exposure:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1166062>
2. 17 year old girl, 8 days after Pfizer injection: <https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1199455>
3. 16 year old girl, 9 days after Pfizer injection: <https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1225942>
4. 15 year old boy, 1 day after Pfizer injection: <https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1242573>
5. 17 year old boy, 8 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1243487>
6. 17 year old boy, 4 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1307657>
7. 15 year old boy, 23 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1382906>
8. 16 year old boy, 4 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1386841>
9. 17 year old girl, 15 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1388042>
10. 13 year old boy, 1 day after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1406840>
11. 16 year old girl, 21 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1420630>
12. 17 year old girl, 6 days after Pfizer injection:

<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1420762>  
13. 13 year old boy, 17 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1431289>  
14. 16 year old boy, 27 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1466009>  
15. 16 year old boy, 6 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1475434>  
16. 16 year old boy, 4 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1498080>  
17. 13 year old girl, 26 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1505250>  
18. 13 year old girl, days until death after Pfizer injection not noted  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1655100>  
19. 17 year old boy, 94 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1689212>  
20. 16 year old girl, 9 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1694568>  
21. 11 year old girl, days until death after Pfizer injection not noted  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1696757>  
22. 16 year old boy, 23 days after Pfizer injection  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1734141>  
23. 16 year old girl, 1 day after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1757635>  
24. 15 year old boy, 6 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1764974>  
25. 12 year old girl, 22 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1784945>  
26. 13-year-old female, 15 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1815096>  
27. 17 year old girl, 33 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1815295>  
28. 16 year old girl, days until death after Pfizer injection not noted  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1823671>  
29. 17 year old girl, 36 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1828901>  
30. 16 year old girl, 9 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1854668>  
31. 16 year old girl, 2 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1865389>  
32. 5 year old girl, 4 days after Pfizer injection: <https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1890705>  
33. 16 year old boy, 8 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1576798>  
34. 15-year-old girl, on day of Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1592684>  
35. 13 year old boy, 2 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1633205>  
36. 15 year old boy, 4 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1668800>

37. 17 year old girl, days until death after Pfizer injection not noted  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1688720>
38. 14 year old boy, 38 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1690103>
39. 16 year old boy, 6 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1702154>
40. 1 year old girl, 2 days after Pfizer injection (incorrect age):  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=958443>
41. Fetal death (usually not included as death), 7 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1720648>
42. 16 year old girl, days to death not noted: <https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1732657>
43. 17 year old boy, 9 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1737907>
44. 15 year old boy, on the day of Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1845034>
45. 13-year-old boy, on the day of Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1862946>
46. 12-year-old boy, on the day of Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1865979>
47. 17-year-old girl, on the day of the Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1912785>
48. 13 year old girl, 31 days after Pfizer injection:  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1913198>
49. 14 year old girl, the day of the Pfizer injection  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1953855>
50. 17 year old boy, 3 days after Pfizer injection  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1953856>
51. 17 year old boy, 7 days after Pfizer injection  
<https://medalerts.org/vaersdb/findfield.php?IDNUMBER=1953860>

The system appears to be inactive - we can confirm each link using the search function on this link: <https://openvaers.com/openvaers>  
Just type in the last 7 digits of the links above to find the VAERS record

Doctors who clearly explain why vaccines are not safe or effective:

1. Dr. Nancy Banks - <http://bit.ly/1Ip0alm>
2. Dr. Russell Blaylock - <http://bit.ly/1BXxQZL>
3. Dr. Shiv Chopra - <http://bit.ly/1gdgh1s>
4. Dr. Sherri Tenpenny - <http://bit.ly/1MPVbjx>
5. Dr. Suzanne Humphries - <http://bit.ly/17sKDbf>
6. Dr. Larry Palevsky - <http://bit.ly/1LLEjf6>
7. Dr. Toni Bark - <http://bit.ly/1CYM9RB>
8. Dr. Andrew Wakefield - <http://bit.ly/1MuyNzo>
9. Dr. Meryl Nass - <http://bit.ly/1DGzJsc>

10. Dr. Raymond Obomsawin - <http://bit.ly/1G9ZXYI>
11. Dr. Ghislaine Lanctot - <http://bit.ly/1MrVeUL>
12. Dr. Robert Rowen - <http://bit.ly/1SIELeF>
13. Dr. David Ayoub - <http://bit.ly/1SIELve>
14. Dr. Boyd Haley PhD - <http://bit.ly/1KsdVby>
15. Dr. Rashid Buttar - <http://bit.ly/1gWOkL6>
16. Dr. Roby Mitchell - <http://bit.ly/1gdgEZU>
17. Dr. Ken Stoller - <http://bit.ly/1MPVqLI>
18. Dr. Mayer Eisenstein - <http://bit.ly/1LLEqHH>
19. Dr. Frank Engley, PhD - <http://bit.ly/1OHbLDI>
20. Dr. David Davis - <http://bit.ly/1gdgJwo>
21. Dr. Tetyana Obukhanych - <http://bit.ly/16Z7k6J>
22. Dr. Harold E Buttram - <http://bit.ly/1Kru6Df>
23. Dr. Kelly Brogan - <http://bit.ly/1D31pfQ>
24. Dr. RC Tent - <http://bit.ly/1MPVwmu>
25. Dr. Rebecca Carley - <http://bit.ly/K49F4d>
26. Dr. Andrew Moulden - <http://bit.ly/1fwzKJu>
27. Dr. Jack Wolfson - <http://bit.ly/1wtPHRA>
28. Dr. Michael Elice - <http://bit.ly/1KsdpKA>
29. Dr. Terry Wahls - <http://bit.ly/1gWOBhd>
30. Dr. Stephanie Seneff - <http://bit.ly/1OtWxAy>
31. Dr. Paul Thomas - <http://bit.ly/1DpeXPf>
32. Many doctors talking at once - <http://bit.ly/1MPVHOv>
33. Dr. Richard Moskowitz - <http://bit.ly/1OtWG7D>
34. Dr. Jane Orient - <http://bit.ly/1MXX7pb>
35. Dr. Richard Deth - <http://bit.ly/1GQDL10>
36. Dr. Lucija Tomljenovic - <http://bit.ly/1eqiPr5>
37. Dr Chris Shaw - <http://bit.ly/1IIGiBp>
38. Dr. Susan McCreadie - <http://bit.ly/1CqqN83>
39. Dr. Mary Ann Block - <http://bit.ly/1OHcyUX>
40. Dr. David Brownstein - <http://bit.ly/1EaHI9A>
41. Dr. Jayne Donegan - <http://bit.ly/1wOk4Zz>
42. Dr. Troy Ross - <http://bit.ly/1IIGiNH>
43. Dr. Philip Incao - <http://bit.ly/1ghE7sS>
44. Dr. Joseph Mercola - <http://bit.ly/18dE38l>
45. Dr. Jeff Bradstreet - <http://bit.ly/1MaX0cC>
46. Dr. Robert Mendelson - <http://bit.ly/1JpAEQr>
47. Dr Theresa Deisher <https://m.youtube.com/watch?feature=youtu.be&v=6Bc6WX33SuE>
48. Dr. Sam Eggertsen-<https://m.youtube.com/watch?v=8LB-3xkeDAE>

Hundreds more doctors testifying that vaccines are not safe or effective, in these documentaries:

1. Vaccination - The Silent Epidemic - <http://bit.ly/1vvQJ2W>
2. The Greater Good - <http://bit.ly/1icxh8j>
3. Shots In The Dark - <http://bit.ly/1ObtC8h>
4. Vaccination The Hidden Truth - <http://bit.ly/KEYDUh>
5. Vaccine Nation - <http://bit.ly/1iKNvpU>
6. Vaccination - The Truth About Vaccines - <http://bit.ly/1vlpwvU>

7. Lethal Injection - <http://bit.ly/1URN7BJ>
8. Bought - <http://bit.ly/1M7YSIr>
9. Deadly Immunity - <http://bit.ly/1KUg64Z>
10. Autism - Made in the USA - <http://bit.ly/1J8WQN5>
11. Beyond Treason - <http://bit.ly/1B7kmvt>
12. Trace Amounts - <http://bit.ly/1vAH3Hv>
13. Why We Don't Vaccinate - <http://bit.ly/1KbXhuf>

Books:

1. How to Raise a Healthy Child in Spite of Your Doctor by Robert S Mendelsohn MD
2. The Vaccine Court by Wayne Rohde
3. How to End the Autism Epidemic by J B Handley
4. Callous Disregard by Andrew Wakefield
5. Dissolving Illusions by Dr Suzanne Humphries
6. Millers Review of Critical Vaccine Studies by Neil Z Miller
7. Rising from the Dead by Dr Suzanne Humphries
8. Raising a Vaccine Free Child by Wendy Lydall
9. Saying No to Vaccines by Dr Sherri Tenpenny
10. Vaccine-nation by Dr Andreas Moritz

Taken from: "The passion of Sevastopol"  
part three, chapter seven  
by S.N.Sergeyev-Tsensky

"There was no plague in Sevastopol in 1828, but there was a quarantine.

As a preventive measure.

In 1829 there was still no plague but the quarantine was strengthened.

Anyone wishing to leave or enter the city had to stay in complete isolation for 14-19 days.

People stopped traveling.

There were supply shortages.

Money from the Tsarist treasury was allocated to fight the epidemic.

As a result, officials bought food at inflated prices from their suppliers in exchange for bribes, and citizens gave the worst food.

Of course all those who benefited from the epidemic especially the officials and doctors were interested in the continuation of this holiday.

All cases of any disease were declared plague.

"The quarantine office tries to diagnose all ordinary diseases as plague," wrote Rear Admiral Salti, who was on duty at the time in Sevastopol.

Admiral Greig testified: "During 5 months no one heard of illness nor died of natural death who fell ill in hospital or at home declared dead of plague".

All those who fell ill were taken to Chief Pavlovsky barracks where they were kept in such conditions that they died quickly.

Chlorine disinfection was used in the poorest parts of the city ...

... that is, even the citizens were poisoned

The "exterminators" were paid 2.5 rubles a day - 75 rubles a month if they worked daily.

Quarantine commissioners received 5 rubles each

The chief medical officer and the quarantine inspector received 10 rubles a day.

The salary of an ordinary military doctor at that time was 171 rubles per year.

To increase the rate of disease, doctors advised the inhabitants to bathe in the sea in cold water.

Eventually in June 1830 the inhabitants of the poorest neighborhoods of the city were no longer able to bear the situation and there was a revolt and the garrison sided with the rebels.

The governor, his officials and doctors were massacred by the mob.

The revolt was quickly suppressed, but by a surprising coincidence the "epidemic" in Sevastopol it had an immediate end".



## DISCLAIMER:

None of the information contained in this article can be interpreted as medical advice nor is it a substitute for any type of medical, pharmacological or psychological therapy, much less medical advice (see Disclaimer).

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☆ This is not a doctor's office and we do not provide diagnoses or therapies!

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☆ Everything I share is based on public information available on the internet from specialized people and nothing replaces the information of those who are competent (doctors and doctors mentioned).

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☆ I DO NOT ASSUME ANY LIABILITY!



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